



United Way of Tompkins County

313 N. Aurora Street The Livermore Building Ithaca, New York 14850
Telephone: 607.272.6286 Fax: 607.272.2736 www.uwtc.org

Our mission is to improve lives by mobilizing the caring power of our communities.

LIVE UNITED is a call to action. It's a way of strengthening our neighborhoods and creating positive changes in our communities. Thank you for your support through United Way of Tompkins County, which is helping individuals and families lead better lives.

Partner Organizations

THE ADVOCACY CENTER OF TOMPKINS COUNTY

Provides crisis intervention and support for adult and youth victims of domestic violence, sexual assault and child sexual abuse including shelter, hot line services, advocacy, support groups and referrals; also provides prevention education and training.
P.O. Box 164, ITHACA, NY 14851 607.277.3203

ALCOHOL AND DRUG COUNCIL OF TOMPKINS COUNTY

Provides information, education, and counseling and referral services for Tompkins County residents regarding alcohol, its usage, and alcoholism . All services are confidential.
201 E. GREEN STREET, ITHACA, NY 14850 607.274.6288

AMERICAN RED CROSS, TOMPKINS COUNTY CHAPTER

Provides education and relief services which enable people to prevent, prepare for, respond to and recover from emergencies. Also operates emergency shelter for individuals that are homeless.
201 W. CLINTON STREET, ITHACA, NY 14850 607.273.1900

BETTER HOUSING FOR TOMPKINS COUNTY

Helps to improve housing options for people with low-income through rental property management, housing repair/rehabilitation, and home ownership through counseling and financial assistance.
950 DANBY ROAD, SUITE 102, ITHACA, NY 14850 607.273.2187

CANCER RESOURCE CENTER OF THE FINGER LAKES

Is dedicated to providing support, education and advocacy for all Tompkins County people facing cancer. Among the organization's clients are people who have chosen many different paths of treatment. The agency is united in the fundamental belief that each person must decide individually which treatment is best, and does not advocate one treatment (conventional, complementary, and alternative) over another.
612 WEST STATE STREET, ITHACA, NY 14850 607.277.0960

CATHOLIC CHARITIES OF TOMPKINS & TIOGA COUNTIES (CCTTC)

Offers referrals and assistance with clothing, prescriptions, security deposits, utilities, transportation, employment training and emergency financial support to residents with low-incomes and urgent needs. Catholic Charities serves all people of Tompkins County without distinction to faith identification.
324 W. BUFFALO STREET, ITHACA, NY 14850 607.272.5062

CHALLENGE

Provides a range of employment and community support services for students and adults with disabilities or other employment barriers.
950 DANBY ROAD, SUITE 179, ITHACA, NY 14850 607.272.8990

CHILD DEVELOPMENT COUNCIL

Promotes the healthy development of children and families at home, in childcare and in the community. Provides resources and referral to regulated daycare programs, advocacy for coordination of comprehensive quality daycare services in Tompkins County, education and support services for teenage parents and families at high-risk.
609 W. CLINTON STREET, ITHACA, NY 14850 607.273.0259

COMMUNITY DISPUTE RESOLUTION CENTER

Helps individuals, groups and organizations resolve consumer/merchant complaints, landlord/tenant complaints, neighborhood problems, family and interpersonal disputes and minor criminal complaints through the processes of conciliation, mediation and cooperative conflict resolution.

120 W. STATE STREET, ITHACA, NY 14850 607.273.9347

DROP-IN CHILDREN'S CENTER

Offers New York State licensed full and part-time regular daycare and short term and emergency childcare for children ages 6 months to 5 years.

506 FIRST STREET, ITHACA, NY 14850 607.272.7117

FAMILY AND CHILDREN'S SERVICE OF ITHACA

Provides individual, family and group counseling, community education programs, respite services, and employee assistance programs.

127 W. STATE STREET, ITHACA, NY 14850 607.273.7494

FINGER LAKES INDEPENDENCE CENTER (FLIC)

Works to break down attitudinal, architectural and programmatic barriers that inhibit individuals with disabilities from full participation in the community. Services include community education, outreach, information, equipment loan closet and referral, and independent living skills training.

215 FIFTH STREET, ITHACA, NY 14850 607.272.2433

FISH (Friends In Service Helping) Essential Transportation

Provides essential transportation through the efforts of over 30 volunteers for residents of Tompkins County who have no other means of transportation. 313 N. AURORA STREET, ITHACA, NY 14850 CALL UWTC 607.272.6286

FOODNET MEALS ON WHEELS

Provides nutrition services to older adults and people with disabilities throughout Tompkins County. Meals in community centers improve participants' health and prevent more costly interventions. Meals on Wheels enable older adults and people with disabilities to avoid or delay costly institutionalization and allow them to stay in their homes or communities. Other services include food stamp pre-screening and application assistance, nutrition screening, assessment, education, and nutrition counseling. The purposes of these programs are to improve health, improve dietary intakes, offer participants opportunities to form new friendships, encourage informal support systems, and link participants to other health and supportive services.

2422 NORTH TRIPHAMMER ROAD, ITHACA, NY 14850 607.266.9553

FRANZISKA RACKER CENTERS

People with disabilities, from newborns to seniors, receive a range of supports and services to help them learn, enjoy family and friends, and have good lives.

3226 WILKINS ROAD, ITHACA, NY 14850 607.272.5891

GADABOUT TRANSPORTATION SERVICES

Provides transportation for Tompkins County elderly residents and people with disabilities on a 24-hour advance request basis. Service is door-to-door and lift-equipped, and can be arranged for any purpose.

737 WILLOW AVE., ITHACA, NY 14850 607.273.1878

GIRL SCOUTS of NYPENN PATHWAYS

Builds girls of courage, confidence and character to make the world a better place.

300 ROUTE 318, PHELPS, NY 14532 315.539.5085

GREATER ITHACA ACTIVITIES CENTER (GIAC)

Provides a range of multicultural, educational and recreational programs focused on social and individual development and social justice for residents of all ages in the greater Ithaca area.

COURT STREET, ITHACA, NY 14850 607.272.3622

HUMAN SERVICES COALITION

Works with community-based agencies and local funders to coordinate and plan for the effective and efficient delivery of human services in Tompkins County; operates countywide Information & Referral Program.

100 W. SENECA STREET, SUITE 300, ITHACA, NY 14850 607.273.8686

INFORMATION AND REFERRAL: CALL 2-1-1

ITHACA COMMUNITY CHILDCARE CENTER, INC.

Provides childcare for families of diverse backgrounds and advocates for children, families and childcare professionals. The Center serves children ages 8 weeks to 10 years old and has programs at Warren Road, an intergenerational program at Kendal at Ithaca, and an after school program at Northeast Elementary School.

579 WARREN ROAD, ITHACA, NY 14850 607.257.0254

THE LEARNING WEB

Provides hands-on learning to over 700 youth annually – 200 of these youth are homeless – through apprenticeships, employment and life skills training and a supported housing program for youth that homeless.

515 W. SENECA STREET, ITHACA, NY 14850 607.275.0122

LIFELONG

Seeks to improve and/or maintain the quality of life for senior citizens through recreation, education, advocacy and retired senior volunteer program.

119 W. COURT STREET, ITHACA, NY 14850 607.273.1511 **RSVP (RETIRED & SENIOR VOLUNTEER PROGRAM)** 607.277.4545

THE MENTAL HEALTH ASSOCIATION IN TOMPKINS COUNTY

Provides education, information and referral, advocacy and peer support to individuals and families in all matters concerning mental health and mental illness.

614 W. STATE STREET, ITHACA, NY 14850 607.273.9250

NEIGHBORHOOD LEGAL SERVICES

Provides legal advice and representation to residents with low-incomes of Chemung, Schuyler, Tompkins and Tioga Counties in civil matters including housing, public benefits, social security and unemployment benefits.

215 N. CAYUGA STREET, ITHACA, NY 14850 607.273.3666

OPPORTUNITIES, ALTERNATIVES AND RESOURCES (OAR) OF TOMPKINS COUNTY

Provides services and advocacy for inmates in the Tompkins County Jail, ex-offenders, and offenders' families to aid in their re-adjustment into the community.

518 W. SENECA STREET, ITHACA, NY 14850 607.272.7885

THE SALVATION ARMY of ITHACA AND TOMPKINS COUNTY

Provides emergency assistance and a variety of educational and recreational programs for youth and adults.

150 N. Albany Street, Ithaca, NY 14850 607.273.2400

SUICIDE PREVENTION AND CRISIS SERVICE OF TOMPKINS COUNTY

Provides confidential 24-hour telephone counseling, preventive education in crisis intervention and suicide prevention, and postvention for people who have lost someone to suicide or any other traumatic incident.

124 E. COURT STREET, ITHACA, NY 14850 607.272.1505

TOMPKINS COMMUNITY ACTION

Is a private, not-for-profit charitable organization that began in 1966 as a grassroots effort to improve the lives of children, families, and individuals with low-incomes in Tompkins County. The organization is one of nearly 1,000 Community Action Agencies (CAAs) in the US. Each year over 5,000 individuals and families go to Tompkins Community Action for assistance. The agency currently operates about 20 programs to assist these friends and neighbors. As a Community Action Agency, the organization is flexible and can tailor its programs to the changing needs of our community.

701 SPENCER ROAD, ITHACA, NY 14850 607.273.8816

TOMPKINS LEARNING PARTNERS INCORPORATED

Provides adults and incarcerated youth with free, confidential tutoring by trained volunteers in reading, math, computer usage and English as a second language (ESL).

124 W. BUFFALO STREET, ITHACA, NY 14850 607.277.6442

WOMEN'S OPPORTUNITY CENTER

Assists women undergoing life changes with employment and education, legal, financial and family care issues. Confidential counseling, support groups, public information and job opportunities.

315 N. TIOGA STREET, ITHACA, NY 14850 607.272.1520

Y.M.C.A. OF ITHACA AND TOMPKINS COUNTY

Provides a variety of educational, recreational, after-school, childcare and fitness programs to develop and improve the mental and physical life of youth and adults.

GRAHAM ROAD WEST, ITHACA, NY 14850 607.257.0101

Partner Community Councils

BROOKTONDALE COMMUNITY CENTER

Serves as the site for the Caroline Food Pantry and as a gathering place for year-round activities for area residents and offers summer camp for children ages 4-12 years and an informational newsletter.

DANBY COMMUNITY COUNCIL

Coordinates funding for community enrichment through educational, recreational and employment opportunities for youth family-oriented events.

DRYDEN COMMUNITY COUNCIL

Provides youth aged 5-12 with summertime activities and programs. Assists Dryden residents with special needs and supports the Kitchen Cupboard Food Pantry.

ENFIELD COMMUNITY COUNCIL

Provides daycare and enrichment activities for preschool and school-age children, summer camp, teen programs, and a newsletter for residents of the Town of Enfield.

FREEVILLE COMMUNITY COUNCIL

Offers summer recreation programs for area youth.

GROTON COMMUNITY COUNCIL

Supports a variety of youth service programs for ages 5-17 through the Groton Youth Commission and Groton Recreation League, assists their Food Pantry and other community programs.

LANSING COMMUNITY COUNCIL

Supports a drop-in center for toddlers and preschool children, older adult advocacy program, summer recreation for youth, and emergency aid fund.

McLEAN COMMUNITY COUNCIL

Offers a community hall for local events and a summer recreation program for youth.

NEWFIELD COMMUNITY COUNCIL

Provides a variety of programs including before and after school daycare, summer recreation, day camp, and reading programs.

SOUTHSIDE COMMUNITY CENTER

Provides community programs including a bicycle recycling program, food pantry, and senior citizens food shopping service.
305 S. PLAIN STREET, ITHACA, NY 14850 607.273.5733

ULYSSES COMMUNITY COUNCIL

Provides youth programs, nursery school, after-school day care, outreach reading programs, Christmas Bureau, and a food pantry.

UWTC gifts are building and connecting communities through two targeted impact program areas:

- Hunger & Food Security
- Urgent Rx Prescription Program

Hunger & Food Security

Youth Outreach Program – provides short-term resources to cover food and personal care necessities to all Tompkins County young people in the Housing Scholarship Program. This program serves individuals who are 16 to 25 years old, homeless or transient, lacking a fixed income, and a stable place in which to live.

Program Partners: The Learning Web, Family and Children's Service of Ithaca, Tompkins County Department of Social Services

Ithaca Community Harvest Project – provides access to local organic produce to youth and families through school, home, recreational, cultural, curriculum and meal programs.

Program Partners: The Village at Ithaca, Local Farms, Beverly J Martin Elementary School, Greater Ithaca Activities Center, Southside Community Center, Garden Gate Delivery, Ithaca City School District, and Greenstar Cooperative Market

Congregate Meals and Food Pantry Support – provides financial support, food, and personal care items to local food pantries and congregate meal sites.

Program Partners: Greater Ithaca Activities Center, Southside Community Center, Area Food Pantries, Loaves and Fishes of Tompkins County

Other Supporting Partners: Wegmans Markets, Ithaca Bakery/Collegetown Bagels and Tops Friendly Markets

Urgent Rx Prescription Program

Urgent Rx is designed to serve two purposes:

1. To provide prescriptions to uninsured individuals to help resolve their immediate, urgent health issue and to prevent potentially more serious medical needs in the future which may occur as a result of not taking prescribed medicines
2. To provide information about other prescription and health insurance programs available to the uninsured individuals
 - 3,027 prescriptions were filled through Urgent Rx in 2010.
 - The estimated savings to individuals was \$69,752.
 - Since the program's inception in January 2006, a total of 11,871 prescriptions have been filled, with an estimated savings to individuals totaling \$279,329.

Give. Advocate. Volunteer. LIVE UNITED.