

**Community Care Fund
2015 - 2016 Grant Awards
Totaling \$922,000**

EDUCATION - \$293,102.85

Outcomes:

Children and youth succeed in school, work, and life.

Young children enter school ready to succeed.

Families have access to quality, affordable childcare.

Parents and caregivers support children's healthy development.

Youth succeed academically, develop job skills and engage in civic life.

Brooktondale Community Center

- **Brooktondale Summer Camp- \$4,822.20**

Brooktondale Summer Camp provides children the opportunity to engage in learning and entertainment throughout the majority of the summer season, while also providing affordable summer child care for parents. At a minimal cost (with scholarships provided as needed) the Summer Camp provides 5 hours of fun and education each day, as well as lunches and snacks as needed. Activities include art, animal care, sports, gardening and cooking.

Child Development Council

- **Child Care Resource Referral Program (CCRR)- \$48,221.95**

The CCRR program was founded to promote the growth and development of child care in Tompkins County. The program helps build the supply of regulated care by shepherding potential providers through the regulatory process, assisting informal providers enrollment for care of low income children, and assisting with their business practices. CCRR directly support parents in accessing child care through a comprehensive referral process and helps parents identify resources, including scholarships, tax benefits and employer supports to help pay for the cost of care. CCRR also helps providers improve and strengthen the efficiencies of their business practices and offers a range of support to improve the quality of available child care.

- **Family Support Services- \$28,933.17**

Family Support Services (FSS) assists pregnant women and families with children 0-5 years of age. Using a family centered, home visiting approach, FSS guides parents to develop positive parenting skills based on an understanding of the growing and changing needs of the children. The primary goal is to support and educate parents on how to provide an optimal environment in order to enhance the growth and development of children, to strengthen the nurturing qualities of the parents, to reduce factors leading to family dysfunction and developmental delays, and to prevent child abuse and neglect.

- **Teen Pregnancy/ Parenting Program- \$24,110.99**

The Teen Pregnancy/Parenting Program (TP3) assists pregnant and parenting teens in Tompkins County. Using a family-centered, home visiting approach, TP3 provides education, support and advocacy designed for the special developmental needs of teens. The primary goals include education to support a healthy pregnancy, child development information and parenting strategies to enhance optimal environments for their children and to reduce the incidence of child abuse, and prevent foster care placement. Combined, these goals contribute to the overall mission of the agency – “to promote the healthy development of children and families in Tompkins County.” TP3 uses assessment, goal setting and services coordination to provide steps towards self-sufficiency.

Danby Community Council

- **Danby Scholarships Program- \$964.44**

The Danby Scholarship Program provides money for youth to attend summer camps, after school programs and other enrichment activities. Program goals include awarding more scholarships, finding new and effective ways to get the word out to more youth, particularly to youth with lower income.

- **Youth Services- \$1,446.66**

The Youth Program provides ongoing community-based youth development programs in Danby and assists with transportation issues. Through field trips, in-school activities, and indoor and outdoor programs during the school year and over breaks, youth learn new skills, make new friends, and are offered a diverse range of programs.

Downtown Ithaca Children's Center

- **Tuition Assisted Childcare Program- \$14,466.59**

The Downtown Ithaca Children's Center provides safe, affordable child care to the community. The Tuition Assistance program subsidizes the cost of tuition, which helps keep the cost of child care affordable for families.

Dryden Community Council

- **Traveling Books of Dryden- \$221.80**

Traveling Books of Dryden provides audio and printed materials to day care centers and preschools to assist in kindergarten readiness. Volunteers visit day care centers once a month for story time, and loan out books, puppets and other materials.

- **Southworth Library Infant and Toddler Library Program- \$221.80**

The infant and toddler library time provides a weekly program for parents with infants to 3 year olds to participate in activities including finger plays, songs, book interactions and stories. The program gives an opportunity for parents to connect with other parents of young children, and to engage in critical early literacy activities.

- **Southworth Library Summer Reading- \$385.78**

The Summer Reading Program is for school and pre-school aged children in the Dryden area. Their goal is to encourage reading retention over the summer months as well as pre-reading and school readiness skills.

- **Southworth Library Teen Programs- \$482.22**

The Library Teen Program provides monthly "teen-takeovers" at the library for local teens to participate in a literary based activity or craft.

- **Village of Dryden Summer Recreation- \$4,532.87**

The Dryden Summer Recreation program serves children, grade K-5 through three two-week sessions. Each week has a theme for the crafts, activities and learning events.

Enfield Community Council

- **Enfield School Age Program Scholarships- \$2,893.30**

The Enfield Community Council supports working families of Enfield by providing scholarship money to defray the cost of quality child care in the Enfield School Age Program. Support is provided to families with children attending the Enfield Elementary School.

- **Enfield Summer Day Camp- \$3,375.54**

The Enfield Summer Day Camp provides an affordable, quality summer camp experience to children ages 5-13 in a park setting. Daily activities include sports (including swimming), arts and crafts, and special presenters such as the Cornell Lab of Ornithology, Finger Lakes Independence Center and Healthy Foods Coalition. Field trips include Corning Glass, the Hangar Theater, mini-golf and neighboring State Parks. The program emphasizes hiring from our community, and offers a first time employment opportunity to local teens.

- **Teen Program- \$8,679.95**

The Teen Program offers life skills education opportunities for middle and high school youth. The program offers fun activities to youth, concentrating on youth development through enhancing self-

esteem, leadership and team building skills with opportunities for community participation. Programs include Primitive Pursuits, Get2It!, Wacky Wednesdays, Lunch Bunch, Finally Fridays and All about Animals. Youth are encouraged to practice making good choices, which will help youth transition to middle and high school with greater academic success.

Franziska Racker Centers, Inc.

- **Evaluations- \$19,288.79**

Evaluations allow children with special needs to receive therapies, counseling and education, and provide needed information to help children and their families learn and develop. Franziska Racker Centers is the primary provider of evaluations in Tompkins County. An important part of the evaluation process is to increase parents' understanding of their child's strengths and needs so that they may become active in helping their child have a good life.

Freeville Community Council

- **Freeville Summer Recreation Program- \$3,857.75**

The Summer Recreation program in Freeville provides a low cost alternative to allow most children the opportunity to enjoy the outdoors and the social interaction afforded by the summer camp experience. Weekly field trips offer the opportunity to explore local community highlights, including Yaman Park, the Hangar Theatre, local parks and more. Weekly themes encourage creativity through crafting, reading, movies and sports or active games.

Girl Scouts NYPENN Pathways

- **Girl Scout Leadership Experience- \$9,644.40**

The Girl Scout Leadership Experience (GSLE) is a program for all girls in grades K-12 providing girls with safe, supportive, out-of-school environments where they can discover new interests and abilities; connect with peers and positive adult mentors; and learn how they can take action to become leaders of change. Girls learn and demonstrate practical life skills, develop healthy social/emotional skills, and select and participate in community improvement activities.

Greater Ithaca Activities Center

- **Teen Program- \$20,253.23**

There are three main components to the GIAC Teen Program: Pre-teens (6 & 7th grades), Transition (8th grade), and High School (9-12th grade). The Teen Program provides safe, educational, supportive and engaging activities after school, and occasionally on the weekends for all area teens. The program also serves young adults ages 19-24 seeking employment or education and social development support.

- **Youth Program- \$38,577.59**

The Youth Program operates under licensing of the New York State Office of Children and Family Services (OCFS). Its two main components are an afterschool program and a 6-week summer day camp, in July and August. Children from Pre-K through 6th grade participate in educational, recreational, cultural and social development activities that boost their self esteem, help them foster healthy relationships, and develop positive life skills. Nutritious snacks and dinner are served daily for all participants.

Groton Community Council

- **Groton Public Library- \$964.44**

Groton Public Library hosts a summer a family entertainment series for the Groton community. These events provide arts and cultural enrichment opportunities to the community.

- **Groton Recreation Committee- \$1,446.66**

This is a summer recreation program offered to area youth. It provides an opportunity for children to engage in a variety of activities and field trips, including recreational and artistic activities.

- **Youth Commission- \$1,928.88**

The Youth Program includes developmental programs, youth employment and volunteer programs for elementary and middle school youth. At-risk youth who do not have any other positive development opportunities are targeted for these programs.

Ithaca Community Childcare Center (IC3)

- **Access Scholarship Fund- \$4,339.95**

The Access Scholarship Fund ensures continued childcare for families experiencing temporary financial crisis by providing emergency scholarships. In times of crisis, continuing the child's enrollment prevents disruption, and supports positive behavior with better educational attainment, social adjustment and stronger relationship building.

Lansing Community Council

- **Lansing Youth Services- \$3,857.75**

Lansing Youth Services offers an environment and activities where students learn life skills, connect to their peers, establish meaningful relationships and have fun while participating in a diverse range of programs including: art, science, cooking, community service and outdoor education.

The Learning Web

- **Community & Career Exploration & Apprenticeship Program- \$22,182.11**

School-age youth (80% underserved youth) undertake career and community exploration activities, apprenticeships, and community service projects, developing skills, interests, and knowledge of the world of adult roles. Serving all youth—from the at-risk youth to the resource-rich youth allows for a program of “blended youth” that resists stereotyping. Apprentices gain skills related to their interests and valuable employment-related skills. Activities promote confidence, character, connection, competence and contribution and lead to a successful transition to adulthood.

McLean Community Council

- **Family Reading Nights- \$578.65**

Reading nights are held four times per year at Cassavant Elementary School with books given to each family. Activity stations related to the stories are also included. The program helps parents support their children's development by modelling how to read to their children, and showing that language and reading can be supported and fostered in a variety of free and inexpensive every day ways.

Newfield Community Council

- **Before & Afterschool Program- \$1,928.85**

The Before and After School Program provides a safe, nurturing setting for preschool and elementary students. The program offers a variety of activities, including crafts, educational and physical games, and help with homework.

- **Summer Day Camp- \$4,533.05**

The Summer Day Camp provides a safe, fun, energetic environment for children in grades 1 through 7 to explore, create, and socialize and stimulate their physical and mental abilities. Activities include arts and crafts, sports, swimming, reading, presentations and field trips.

- **Summer Reading Program- \$1,157.33**

The Summer Reading Program introduces children to the library and encourages them to read during the summer. The program provides employment to teens assisting with the program, who are given responsibilities that encompass a wide range of experiences from room set-up to program delivery.

- **Youth At-Risk and General Recreation- \$1,928.88**

The Newfield Recreation program is focused on youth and their families, and hosts a variety of events and activities. Most of the youth programs are for grades pre-K through 6th grade, with emphasis on sports-related skills and activities. The Recreation program also provides a full-day, six-week Summer Day Camp. Throughout the year there are also community events and presentations.

The Salvation Army

- **Youth Educational Supports- \$1,928.88**

Youth Program Supports offers services to school aged children by providing a back-to-school shopping spree, private and group instruction in music, dance, drama, and singing. Through these programs children have the opportunity to learn new skills, develop study habits to help them achieve better grades, and strengthen interpersonal skills.

Ulysses Community Council

- **Afterschool Program- \$1,977.10**

The afterschool program serves between 50-60 children, grades K-6, in the Trumansburg Central School District. Scholarships provide access for children who otherwise would not be able to attend due to financial reasons.

- **Library Program- \$771.55**

The Ulysses Philomathic Library provides a summer reading program for 300 students, and additional participants of all ages. The library visits schools and promotes summer reading to encourage the reading of over 2,500 books over the course of the summer. This reading helps students retain grade level literacy skills. Families attend programs to ensure that reading is seen as an engaging recreational and educational activity for the entire community.

- **Nursery School- \$964.44**

Activities at the nursery school include a morning preschool program for approximately 40 children ages 2-5 years old. Activities promote social, emotional, physical, and intellectual growth and contribute to self-esteem and awareness of others. Their child-directed philosophy and focus on free play encourage the development of executive function and decision-making skills. United Way funds will be used to provide scholarships to children of families with lower incomes, and families experiencing short-term financial distress.

- **Summer Recreation- \$3,375.54**

The Summer Recreation Program serves 200+ children ages 5-16 from diverse backgrounds for six weeks in the summer. The program provides morning playschool with arts and crafts, playground games, field trips followed by a supervised lunch, and a swim bus to Taughannock State Park for swim and recreation in the afternoon. Supplemental daycare is available from 7:30 -9:30AM before the program, and from 3:00-5:30PM after the program ends. Scholarships enable children with low income to participate fully.

- **Youth Services- \$3,857.76**

Two half-time Youth Program Managers provide an array of youth development programs, including enrichment, youth employment and volunteer action, for middle and high school youth.

INCOME - \$273,603.12

Outcomes:

Individuals and families have improved financial stability and self-sufficiency.

Individuals and families build financial assets and improve financial management skills.

People secure needed resources to address crises.

People develop skills to gain, maintain, and improve employment.

People have knowledge of and access to supportive services.

American Red Cross-Tompkins County Branch

- **Emergency and Disaster Services- \$24,110.99**

The Emergency Disaster Services (EDS) program is designed to respond to and assist people in times of need from natural disasters such as flooding, fires and/or prolonged loss of utilities. The EDS

Program has a trained group of volunteers who respond to these incidents, the Disaster Action Team (DAT), that provide immediate assistance through food, clothing, shelter, information and referral and emotional support. Volunteers assist with development of a recovery plan to help clients resume life as normal. Volunteer development and training is provided at no cost to volunteers and prepares them to respond to local and national disasters.

Better Housing for Tompkins County

- **Tompkins County Home Repair Program- \$16,395.47**

The Home Repair Program serves rural homeowners over 60 years of age with low-income, or homeowners with a disability of any age. The goal of the program is to help clients stay safely, independently in their own homes by providing home repairs. Labor is provided free of charge, and the cost of materials is typically covered by the homeowner. An Emergency Materials Fund is available to assist homeowners who cannot afford the cost of materials. United Way funding is critical to securing additional grants to support this Fund.

Brooktondale Community Center

- **Caroline Food Pantry at the Brooktondale Community Center- \$3,750**

The Brooktondale Community Center provides space for the Caroline Food Pantry for two regular monthly food distributions and emergency deliveries using food primarily from the Food Bank of the Southern Tier, as well as food grown in the community's various food pantry gardens.

Catholic Charities of Tompkins/Tioga

- **Immigrant Services Program (ISP)- \$4,822.20**

The Immigrant Services Program (ISP) assists immigrants with low-income who face language and/or cultural barriers and need assistance in accessing community resources to meet basic needs. The program provides low cost or pro bono legal immigration services, and offers job search assistance to immigrants with limited English proficiency and limited formal education. This program also provides citizenship and naturalization services that target the elderly, individuals with low-income, and those receiving public assistance.

- **Samaritan Center Emergency Services Program- \$24,110.99**

The Samaritan Center provides emergency, short-term financial assistance to families and individuals in immediate financial crisis. Individuals and households receive one-time cash assistance to remain in their homes when threatened with eviction, avoiding disruption of gas and /or electric service, keeping their car on the road, maintaining employment or getting to school, or purchasing prescription medications. Samaritan Center participants are provided access to a free clothing closet and personal care products. The program also conducts facilitated enrollment for benefits.

Challenge Workforce Solutions

- **Contract Production Facility- \$43,399.78**

Challenge's Contract Production Facility provides employment to workers with disabilities who are unable to find the type of support that they need in the community by offering work that gives them the greatest possible sense of independence, fulfillment, and integration with the rest of society. The program supports an aging workforce with disabilities to continue working and contributing to their community and their own self-sufficiency. The program also provides training and work experience to younger workers with disabilities, to help them reach their career potential.

- **Job Club - Transition Employment- \$9,644.40**

The long-term goal of Job Club is to help individuals and families who are dependent on public assistance make the transition to self-sufficiency by developing the skills to obtain and maintain employment in jobs that offer opportunities for career growth and connecting the worker (and family) with a range of support services that will provide a security net after the duration of the program. The components of the program included: Job Readiness Skills, Life Skills, Job Seeking Skills, Job Retention Skills, Customer Service and Computer Skills.

Foodnet Meals on Wheels

- **Home Delivered Meals- \$12,250**

This program provides meals to frail and vulnerable elders, individuals with disabilities, elders newly released from the hospital, and other adults who have difficulty shopping and preparing well-balanced meals for themselves.

Groton Community Council

- **Groton Women's Community Center- \$1,446.66**

The Groton Women's Community Center hosts a Free Clothing & Personal Care Items Giveaway, provides mentoring, free informational classes in various subjects and acts as an information and referral service to community members.

Human Services Coalition

- **Human Services Planning- \$6,751.08**

Human Service Planning provides technical assistance, capacity building, and support to the nonprofit community, and links organizations to local and regional decision-makers.

- **2-1-1- Information and Referral Services Program- \$6,934.32**

Information and Referral Services (2-1-1/I&R) operates at the hub of the Tompkins County services network to promote effective service delivery. The program maintains a database of community information and provides a central telephone information service and an online chat service. Individuals receive community information or referrals to service providers according to their situation. Follow-up and advocacy services are also provided when appropriate, along with periodic quality assurance surveys. 2-1-1/I&R also provides screening and scheduling services for other non-profit organizations including the Alternatives Federal Credit Union Volunteer Income Tax Program (VITA).

The Learning Web

- **Youth Outreach- \$19,288.79**

The Youth Outreach Program is open to all Tompkins County young people age 16 to 25 who are homeless or transient, lacking a fixed, stable place in which to live. Youth Outreach combines street outreach, case management and supportive services (such as help obtaining housing, public assistance, medical care) with an independent living component, and an employment-related apprenticeship to help participants gain the skills necessary to live successful, self-sufficient lives. Youth Outreach's existing program services allow youth to better focus their energies on setting goals, working on education and employment, and moving towards self-sufficiency.

Legal Assistance of Western New York, Inc. - LawNY

- **LawNY (Tompkins/Tioga Neighborhood Legal Services)- \$4,822.20**

LawNY (TTNLS) provides free, high quality legal services to residents with low income of Tompkins and Tioga Counties. They focus on essentials: access to decent, affordable housing; access to medical care; and access to a subsistence income adequate to provide shelter, nutrition, and health. By assisting those who have been denied public benefits, they help catch those who have fallen through the social safety net.

Lifelong

- **Tax Counseling for the Elderly- \$3,857.76**

The Tax Counseling for the Elderly is a volunteer-supported program providing free tax services to adults age 60+ (with spouses of any age), individuals with disabilities, and individuals under 60 with limited incomes. This program helps reduce anxiety for older adults who have to file returns, eliminating high fees for tax preparation services, quickly securing refunds with all available deductions, and keeping economic resources in the community.

McLean Community Council

- **McLean Community Hall- \$675.11**

The Community Hall is used for community meetings and social gatherings. The Community Hall also hosts a food pantry once a month, which provides food to about 50 community members in need of food assistance.

Newfield Community Council

- **Newfield Kitchen Cupboard- \$1,250**

The Newfield Kitchen Cupboard provides food to a diverse population, including senior citizens, individuals with disabilities, unemployed adults and people with low income. Food is provided twice a month, and for emergencies on an as-needed basis, to create a variety of nutritional meals.

Opportunities, Alternatives and Resources (OAR) of Tompkins County

- **Opportunities, Alternatives and Resources- \$21,217.67**

The OAR Program advocates for and assists people who are or have been incarcerated in the Tompkins County jail, as well as their families and friends. OAR also provides programs which constructively restore and maintain our clients' inclusion in the community as a whole. OAR delivers services to the inmates of the Tompkins County Jail and their friends and families, and assists with reentry into the community after individuals leave the jail or prison.

Rescue Mission Alliance of Syracuse

- **Emergency Shelter/Day Center (Formerly of American Red Cross, Tompkins County Branch)- \$32,362.50**

The Ithaca Emergency Shelter/Friendship Center offers 19-shelter beds and 15-single room occupancy. The center also runs a food pantry for community members and residents and provides residents access to three meals a week. Residents receive services including supportive case management and employment resources assistance. Permanent supportive housing located on Court Street in Ithaca offers 10-beds with shared kitchens and living spaces, employment resources assistance, transportation and supportive case management.

The Salvation Army

- **DAP - Direct Assistance Program- \$9,902.21**

DAP provides meals including special holiday meals from their program Our Brothers and Sisters Table/Soup Kitchen on the weekends. The funds from year 1 were used for the cooks wages, food and dining room supplies, clothing vouchers, and food baskets. The Salvation Army has also taken over the Dryden service unit and they are looking to expand their summer food program that provides food to those in need in the town of Dryden.

Tompkins Learning Partners

- **Adult Literacy- \$14,466.59**

Using trained volunteers, Tompkins Learning Partners (TLP) provides one to one literacy tutoring assistance to 115 adults who need to improve their English speaking, reading, writing, math and computer skills. Students set learning goals, and achieve these goals by working together with professionally trained and supported volunteer tutors. With increased literacy skills, students are often able to maintain, gain or improve employment.

Ulysses Community Council

- **Trumansburg Food Pantry- \$2,500**

The Food Pantry supports 110 families by providing them bi-weekly food distributions. These families acquire 9 to 15 meals every two weeks at a distribution which helps support their food security.

Women's Opportunity Center

- **Women's Opportunity Center Employment Program- \$9,644.40**

The Women's Opportunity Center (WOC) assists women to become job ready and move towards self-sufficiency. Many participants have low-income, no or minimum work experience, and may face

multiple barriers to employment. Participants meet with a WOC counselor for goal setting, career counseling, job search and placement assistance, retention, referral for additional training, and information on supportive services or benefits. The Center offers Non-traditional Scholarships to assist participants in removing some of their barriers to employment.

HEALTH - \$355,294.03

Outcomes:

Children, seniors and adults have improved physical, emotional, and mental well-being.

People have access to nutritious food.

People of all ages are active and build social connections through recreational activities.

Individuals and families can utilize substance abuse, mental health, and conflict resolution counseling.

People can obtain medications for acute illnesses.

Advocacy Center of Tompkins County

- **Education Department- \$9,644.40**

This program provides prevention education to youth in schools and to college students, community education to adult community groups, and professional trainings. Prevention and harm reduction education on the issues of domestic violence, sexual assault and child sexual abuse is provided by two full-time Educators and professional training is provided by the Education Director.

- **Youth Services- \$18,324.35**

The Youth Services Program provides services to victims of child sexual abuse, teen dating violence, child witnesses to adult interpersonal violence and adult survivors of child sexual abuse. These services include a 24-hour hotline, in person and telephone counseling and support, accompaniment to services including law enforcement meetings, court cases, legal appointments, medical appointments and for SANE (Sexual Assault Nurse Examiner) exams at Cayuga Medical Center. The program also provides support groups for teens who have been victims of child sexual abuse and teen dating violence and for adult survivors of child sexual abuse.

Alcohol & Drug Council

- **Education & Prevention Program- \$4,822.20**

The Education and Prevention Program provides a variety of services to the community including the Drinking Driver Program, the peer education program T.A.P.P. (Talking About Peer Pressure), Brief Alcohol Screening and Intervention for College students (BASICS), and general community events and awareness activities. The A&DC acts as a community resource through presentations, topical literature and other media.

- **Outpatient Alcohol & Drug Treatment- \$24,110.99**

The Outpatient Alcohol and Drug Treatment Program provides assessment, treatment and recovery services to people of all ages. Trained and credentialed clinicians develop individualized treatment plans in partnership with each client to meet individual needs. The plan utilizes evidence-based methodologies in individual and group counseling sessions, including services for special populations: LGBT clients, victims of trauma, and clients with co-occurring mental health/chemical dependency diagnoses.

Brooktondale Community Center

- **Old Mill Newsletter- \$1,446.66**

The Brooktondale Community Center's the Old Mill Newsletter serves as an important information source for the entire Town of Caroline. From church suppers to town board meetings, Farmer's Market

events, free dinners, and Food Pantry News - without the newsletter a number of Caroline residents would be at a loss and would not be able to access the services they need on a daily basis.

Cancer Resource Center of the Finger Lakes

- **Individualized Information and Support for Those Affected by Cancer- \$14,466.59**

The core service of this program is the provision of individualized assistance to people affected by cancer. Staff and volunteers work with clients to identify resources and provide a human connection so that no one faces cancer alone. Clients work one-on-one with staff and volunteers in person, at Cayuga Medical Center, in their homes, over the phone or via email. Clients can also take part in support groups, participate in wellness programs and access free wigs, scarves, hats and turbans.

Community Dispute Resolution Center

- **Mediation Services- \$21,265.89**

CDRC mediation services involve bringing individuals together in a safe setting with expertly-trained mediators to facilitate a conversation and resolve conflict. Mediation is available at no cost to clients experiencing nearly any kind of conflict, such as parents coping with custody and visitation issues, neighbors, employees, school children involved with bullying, landlords and tenants. Through mediation, individuals and communities avoid the financial and emotional costs of ongoing conflict, retaining control of resolution rather than surrendering it to institutional intervention.

Danby Community Council

- **Family Programs- \$771.55**

DCC's Family Programs provide opportunities for the community to gather and to build a sense of community. Events include Danby Fun Day, community concerts, film series, and annual DCC Halloween party.

- **Newsletter- \$1,446.66**

The Danby Area News is a monthly publication that almost every resident of Danby receives by mail. The Newsletter is one of the only ways that Danby youth and their parents can learn about programs available to them, including applications for youth scholarships.

- **Danby Seniors- \$241.11**

The goal of DCC's Danby Seniors Program is to give senior citizens in Danby a chance to meet monthly for food, friendship, entertainment, and education.

Dryden Community Council

- **Southworth Library Large Print Books- \$482.22**

Southworth Library provides outreach services to Willowbrook Manor Senior Center by providing a rotating collection of large print materials for an 8-10 week cycle. The new collections are delivered during a social event that includes book-talks, short anecdotes, stories read aloud and some refreshments.

Enfield Community Council

- **Community Newsletter- \$964.45**

Enfield Currents is a community newsletter mailed to residents of the Town of Enfield. The newsletter includes current information about community organizations and events in the Town. The newsletter fulfills a vital need for communicating information to the community.

- **4th & 5th Grade Basketball- \$819.77**

This program helps 4th and 5th graders prepare for their transition to middle school by interacting with students from area elementary schools. Through participation in the basketball program, students learn about teamwork and team building, and make healthy life style choices.

Family & Children's Service

- **Children's Mental Health- \$38,577.59**

F&CS Children's Mental Health Program offers a broad range of confidential, high quality, affordable

counseling and psychiatric services to children, adolescents and their families. Using a variety of treatment approaches, professional clinical staff address a broad range of mental health issues with clients. Clinicians provide assessment, treatment planning, therapy, and crisis management.

- **Family Mental Health- \$33,755.39**

This clinical program offers a broad range of confidential, high quality, affordable counseling services to adults and their family members to address a wide range of mental health issues. Clinicians provide assessment, treatment planning, therapy, and crisis management. Clinicians help adults define their concerns and set goals toward increasing their sense of social-emotional well-being. Adults gain skills in recognizing the thoughts, feelings and external situations that increase their stress. They learn how to access internal and external resources that improve their ability to cope with the stressors of life.

- **Geriatric Mental Health- \$7,715.52**

The Geriatric Mental Health Project provides mental health services including counseling, medication (evaluation, consultation and management), caregiver counseling and referrals to elders and their families. In addition to providing these specialized services in Family & Children's Services offices, the program also provides home-based services to elders with existing barriers that impede the ability to obtain care.

- **Psychiatry- \$33,755.39**

Psychiatric evaluation and medication management has become an essential component of mental health treatment. Many clients require more than traditional psychotherapy in order to achieve a baseline level of mental health. Often the combination of psychotropic medications in coordination with therapy and counseling that helps one overcome their mental health challenge. Psychiatric evaluations and care are an increasingly important part of addressing the growing demand for mental health care.

- **Rural Outreach Services- \$13,502.15**

The Rural Outreach Program provides mentoring, case management, and recreation opportunities to children in rural communities in Tompkins County who are struggling with mental and behavioral health challenges. This program builds on the strengths Family and Children's Service of Ithaca's highly successful Dispositional Alternatives Program to engage and support children and families in their homes, empower families to make decisions that support their overall well-being, and to provide children with meaningful connections to their communities.

Finger Lakes Independence Center

- **Education Outreach- \$4,822.20**

The Education Outreach Program offers free speakers, workshops and training to schools, organizations and businesses. This educational outreach helps develop awareness about people with disabilities and issues related to disabilities, with the goal of changing the public's attitudes about people with disabilities.

Gadabout Transportation Services, Inc.

- **Gadabout Transportation Services- \$14,466.59**

Gadabout Transportation Services uses a fleet of 30 lift equipped buses with a staff of both paid and volunteer drivers to provide rides for all purposes to Tompkins county residents 60 years of age and older, and for people with disabilities.

Greater Ithaca Activities Center

- **Recreation Program- \$7,715.52**

The Recreation Program provides recreational activities to youth, teens and adults that serve to enhance their health and well-being, and encourage personal discipline. Activities provided include open adult basketball, pre-teen/teen basketball, summer basketball leagues, instructional swim, fitness training, community trips and amateur boxing.

- **Adult/ Senior Program- \$5,786.64**

The GIAC Adult/Senior Program keeps seniors socially engaged, mentally stimulated, and physically vibrant. Seniors enjoy a variety of programs that are socially, culturally, and educationally enriching at

low to no cost, and accessible to seniors of various ages, mobility levels, and cultural backgrounds. The registration fee is waived for seniors over age 90.

Groton Community Council

- **Groton Art Group- \$289.33**

The mission of the Art Group is to provide art instruction by a highly qualified instructor to interested residents regardless of ability to pay. It is the only art group in the Groton area open to all.

Lansing Community Council

- **Lansing Department of Parks and Recreation- \$1,928.88**

Lansing Recreation Department provides opportunities for youth to participate in organized activities. Program costs are below the market value to enable more children to attend, and scholarships are available for families who cannot afford the full program fees. Activities include a 2-week summer day camp with a variety of activities such as art, soccer, band, golf, rock climbing, sailing, nature escape, destination exploration, horse riding, bowling, drama, tennis, track and field, reading, computer, and Spanish. There are also fall and winter sports programs.

Lifelong

- **Lifelong Activities- \$3,857.76**

Lifelong Activities hold activities to promote Health and Wellness and Creative Arts. Health and Wellness activities include Enhanced Fitness, strength training, yoga, Tai Chi and polka dancing. Creative Arts activities include watercolor, clay classes, and theatre. Participants pay a fee to attend, with scholarships available for those who are unable to pay.

- **RSVP – Retired Senior Volunteer Program- \$4,822.20**

The purpose of the Retired and Senior Volunteer Program (RSVP) is to provide significant volunteer opportunities for persons fifty-five (55) years of age and over, so that they participate more fully in the life of their community. The focus of RSVP is on the needs and interests of the volunteers it serves, and on the needs of the community that may be assisted by volunteer involvement at not-for-profit agencies and organizations.

The Mental Health Association in Tompkins County

- **Wellness Recovery Action Plan- \$1,200.00**

- The Wellness Recovery Action Plan (WRAP) is a structured self-management and recovery system designed to help those suffering from mental illness "monitor uncomfortable and distressing feelings and behaviors and, through planned responses, reducing, modifying, or eliminating them." Because this program focuses on intervening before a crisis has arisen, and provides a space to create a crisis plan ahead of time should such a situation arise, WRAP reduces the need for mental health emergency services. The Mental Health Association in Tompkins County will continue work with certified (WRAP) facilitator and train six people to become local WRAP facilitators.

- **Education, Health and Wellness- \$4,822.20**

The Community Education, Wellness and Recovery programs bring education, information, referrals and support to the community through internet presence, media, presentations, publications, meetings, research and dissemination of research. United Way funds will support the monthly online and print publication "States of Mind."

- **KIDS FIRST Therapeutic Recreation Program- \$10,608.84**

The Mental Health Association Family Support Services runs a 6 week therapeutic recreation camp. The camp serves children who face barriers to participation in typical summer recreation environment due to difficult behaviors or an individual specific diagnosis. The camp offers activities that are adapted for the child's special needs and limitations.

McLean Community Council

- **McLean Mysteries- \$96.44**

McLean Community Council hosts evening events during the summer to bring community members together to learn about the history of the hamlet.

The Salvation Army

- **Salvation Army Golden Agers (SAGA)- \$1,446.66**

SAGA provides weekly programs for seniors, creating the opportunity for positive socialization for seniors and nutritious meals tailored for senior diets. SAGA includes informative programs and speakers focusing on senior issues and a 5 day trip to Camp Long Point on Seneca Lake.

Suicide Prevention and Crisis Service

- **Crisisline- \$33,755.39**

The Crisisline provides free and confidential telephone crisis counseling and information. Program goals are directed to increase the professional standards, out-reach and follow-up activities and evaluation process of Crisisline staff and volunteers. United Way funds support the wages of senior counselors who

- **Online Counseling Service for Youth- \$7,040.41**

“The Chat” online counseling service is designed to appeal to teens and young adults, and provides the same crisis counseling and suicide intervention service as through our telephone service, the Crisisline. These services provide a way to break the isolation that many young people feel around their problems. Through empathic and non-judgmental listening and coaching, counselors lead youth at risk toward healthy and safe problem-solving choices.

Varna Community Association

- **Outdoor Recreation Facilities- \$12,055.50**

The Varna Community Center has the only public play area in Varna. To address safety issues with the existing play structure at the Community Center, the Varna Community Association has removed the existing play equipment and is replacing it with safe structures designed for children age 5-12.

YMCA of Ithaca and Tompkins County

- **Financial Assistance/Subsidy- \$14,466.59**

The financial assistance/subsidy program is based on the YMCA policy of "never refusing YMCA services based solely on the inability to meet the cost." The YMCA conducts an annual campaign, two special events and the funding to offset the cost of scholarships for those approved to receive support. United Way funds will be used to support scholarships for children and youth.