

United Way of Tompkins County Community Care Fund

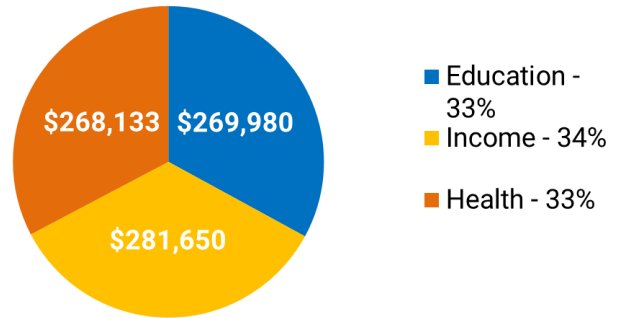


The Community Care Fund supports essential **education**, **income**, and **health** services in Tompkins County.

Community Care Fund Grant Awards 2018-19

Community Goals:

- **Children and youth succeed in school, work and life**
- **Individuals and families have improved financial stability and self-sufficiency**
- **Children, seniors and adults have improved physical, emotional, and mental well-being**



United Way Volunteers award Community Care Fund grants to local programs that demonstrate measurable outcomes and support critical services throughout Tompkins County. United Way ensures that donor dollars are well-invested by tracking and measuring the outcomes of funded programs.

EDUCATION - \$269,980 (33% of funding)

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| Brooktondale Community Center | Groton Community Council |
| Brooktondale Community Center Summer Camp | Groton Youth Services |
| Child Development Council | Groton Public Library |
| Child Care Resource Referral | Groton Recreation |
| Family Services Program | Izzy's Closet |
| Community Dispute Resolution Center | Ithaca Community Childcare Center |
| Parenting Plan Mediation | Emergency Access Scholarship Fund |
| Cornell Cooperative Extension | Ithaca Welcomes Refugees |
| Parents Apart | Global Roots Play School - Childcare Tuition Assistance |
| Danby Community Council | McLean Community Council, Inc. |
| Youth Program | McLean Community Hall |
| Downtown Ithaca Children's Center | Newfield Community Council, Inc. |
| Tuition Assistance | Newfield Recreation Summer Day Camp |
| Dryden Community Council | Newfield Before and After School Program |
| Town of Dryden Summer Recreation | Newfield Public Library - Summer Reading Program |
| Southworth Library Teen Programs | Suicide Prevention & Crisis Service |
| Enfield Community Council | Help for Every Teen |
| Enfield Teen Program | The Discovery Trail |
| Family and Children's Services of Ithaca | Kids Discover the Trail |
| Open Doors | The Learning Web |
| Family Reading Partnership | Youth Exploration Program |
| Read-Along Support for Rural Families | Ulysses Community Council |
| Finger Lakes Independent Center | Trumansburg After School Program, Inc. |
| Be Ready! Emergency/Disaster Preparedness | Trumansburg/Ulysses Youth Commission |
| Freeville Community Council | Ulysses Philomatic Library Summer Reading Program |
| Freeville Summer Recreation Program | Varna Community Association & Facility Program Update |
| Greater Ithaca Activities Center, Inc. | |
| GIAC Youth Program | |
| GIAC Teen Program | |

United Way of Tompkins County
313 N. Aurora St. Ithaca, NY 14850
(607) 272-6286 www.uwtc.org

INCOME - \$281,650 (34% of funding)

Brooktondle Community Center
Caroline Food Pantry (CFP)

Catholic Charities of Tompkins/Tioga
Samaritan Center Emergency Services
Immigrant Services Program

Challenge Workforce Solutions
Contract Production - Creating Opportunities for
Employment
Job Club

Community Dinners at Dryden United Methodist Church
Community Dinners

Cooperative Extension Association of Tompkins County
Healthy Food for ALL - CCE Tompkins

Danby Community Council
Youth Grants
Newsletter

Enfield Community Council, Inc.
Enfield Community Newsletter

Food Bank of the Southern Tier
Direct Service Hunger Relief Programs in Tompkins County

Foodnet - Meals on Wheels
Home Delivered Meals and Nutrition Counseling

Greater Ithaca Activities Center, Inc.
Hospitality Employment Training Program (HETP)

Greenstar Community Projects
Increasing Food Self-Reliance Among Hungary Youth

Human Services Coalition of Tompkins County

Continuum of Care Coordinator

Lansing Community Council
Community Care - Town of Lansing Recreation Program

The Learning Web
Youth Outreach

Legal Assistance of Western New York, Inc.
Crisis Services
Law NY Collaborative Reentry Project

Loaves and Fishes of Tompkins County
Free Meal Program

McLean Community Council, Inc.
McLean Beautification Committee

Newfield Community Council
Newfield Kitchen Cupboard

Opportunities, Alternatives, and Resources (OAR)
OAR of Tompkins County: Core Services

Tompkins County Senior Citizens' Council, Inc (DBA: Lifelong)
Tax Counseling for the Elderly

Tompkins Learning Partners
Adult Literacy

Ulysses Community Council
Trumansburg Food Pantry

Women's Opportunity Center
The Leadership Employment and Developing Skills (LEAD
Program

YMCA of Ithaca an Tompkins County
Open Doors Scholarship Program

HEALTH - \$268,133 (33% of funding)

Advocacy Center of Tompkins County
Youth Intervention and Prevention Services

Alcohol & Drug Council of Tompkins County, Inc.
Outpatient Alcohol & Drug Treatment

American Red Cross, Tompkins County Office
Emergency Services and Preparedness

Cancer Resource Center of the Finger Lakes
Individualized Support for Those Affected by Cancer

Community Dispute Resolution Center
Mediation Services

Danby Community Council
Community Programs

Dryden Community Council, Inc.
Southworth Library Large Print Materials

Enfield Community Council
Enfield School Age Program Scholarship Fund
Enfield Summer Day Camp Program
4th & 5th Grade Basketball

Family & Children's Service og Ithaca
Mental Health Counseling
Psychiatry

Franziska Racker Centers, Inc.
Early Childhood Feeding Program

Gadabout Transportation Service, Inc.
Gadabout Transportation

Greater Ithaca Activities Center, Inc.
Recreation
Senior Program

Human Services Coalition of Tompkins County, Inc.
2-1-1-Tompkins/Cortland Helpline

Ithaca Health Alliance, Inc.
Ithaca Free Clinic Patient Services & Chronic Care Support

McLean Community Council
Calling All Teens

Newfield Community Council
Youth-at-Risk and General Recreation

Rescue Mission Alliance of Syracuse
Irm Friendship Center

Suicide Prevention & Crisis Service
The Crisisline
Online Counseling Services for Youth

The Mental Health Association in Tompkins County
Kids First Summer Recreation Program
Community Education and Engagement

Tompkins County Senior Citizens' Council, Inc. (DBA: Lifelong)
Volunteers Connected
Activities

Ulysses Community Council
Trumansburg Summer Recreation Program

**Community Care Fund
2018-2019 Grant Awards
Totaling \$819,763**

EDUCATION - \$269,980

Outcomes:

Children and youth succeed in school, work, and life.

- *Young children enter school ready to succeed.*
- *Families have access to quality, affordable childcare.*
- *Parents and caregivers support children's healthy development.*
- *Youth succeed academically, develop job skills and engage in civic life.*

Community Dispute Resolution Center

- **Parenting Plan Mediation - \$11,330**
CDRC's mediation services bring individuals together in a safe setting with expertly-trained mediators to facilitate a conversation and resolve conflict. Mediation is available at no cost to those experiencing conflict: parents coping with custody and visitation issues, neighbors, families, the elderly, landlords and tenants. Through mediation, individuals and communities avoid the financial and emotional costs of ongoing conflict, retaining control of resolution rather than surrendering to institutional intervention.

Downtown Ithaca Children's Center

- **Tuition Assistance - \$12,250**
DICC provides quality early care and education to families in Tompkins County, with a focus on deconstructing negative stereotypes associated with race, class, ability, gender, language and biases through strengths-based programming.

Family and Children's Service of Ithaca

- **Open Doors - \$35,000**
Open Doors works with pre-teens, teens, and young adults who have run away, are homeless, or are at-risk of running away from home by providing outreach, consultation, and case management services for disaffected youth. Open Doors will serve youth through a combination of temporary shelter in host homes, acute short-term crisis management, mediation, and family counseling, as well as advocacy within public and education systems.

Family and Community Development – Cornell Cooperative Extension

- **Parents Apart - \$5,000**
Parents Apart is a 6 hour educational workshop that was developed at the University of Massachusetts. Locally, the workshop is offered monthly under the auspices of Tompkins County Cornell Cooperative Extension and is presented by our staff and by volunteer attorneys. We are the only source for this important parenting support program in Tompkins County. We collaborate with other local support agencies to provide a quality program to meet the needs of the local community.

Family Reading Partnership

- **Read-Along Support for Rural Families - \$10,500**
Family Reading Partnership (FRP) will utilize Community Care Funds to engage families in early childhood literacy that live in in Dryden, Groton, Enfield and Danby over the next two years through "Read-Along Supports for Rural Families". This project is designed to promote more inclusion in resources and supports that help them achieve success as they grow.

Finger Lakes Independence Center

- **Be Ready! Emergency/Disaster Preparedness - \$5,000**

Emergencies, due to extreme weather or manmade, are of increasing concern. Mobility, hearing, cognitive, mental health, or seeing disabilities, acquired disabilities by older adults, all have specific needs that should be identified to create plans enabling rapid, cohesive response to an emergency situation. Making an emergency plan, assembling a survival kit, and being/staying informed are key elements to any plan. FLIC proposes to work in Tompkins County to address and complete these key planning elements.

Greater Ithaca Activities Center, Inc.

- **GIAC Youth Program - \$40,000**

The GIAC Youth Program is licensed through the New York State Office of Children and Family Services. The program provides a safe, creative and fun after school program and a 6-week summer day camp for elementary-age children. Activities include a focus on Science, Technology, Engineering, Art and Math as well as fitness and children's reading/comprehension levels. Other activities address specific social/economic needs of our children. Nutritious snacks and dinner are served daily to all participants.

- **GIAC Teen Program - \$20,000**

The Teen-Young Adult (TYA) Program serves teens in the middle and high schools to young adults up to age 25. The program is designed to enhance local teens' abilities and opportunities to succeed in school, employment and personal/social growth. The TYA also houses many of the staff the provide direct service to several of the City of Ithaca's My Brother's Keeper Ithaca (MBKI) initiative.

Ithaca Community Childcare Center

- **Emergency Access Scholarship Fund - \$9,500**

The Emergency Scholarship Fund is available for currently enrolled families that encounter a temporary, unforeseen financial hardship. Scholarships are awarded on a temporary basis (1-6 months) to help the family through the situation they are dealing with. This enables children to continue their regular routine while the family is handling the crisis. Families will indicate the need and make a request for a reduction in tuition by defining how much and how long they need support.

Ithaca Welcomes Refugees

- **Global Roots Play School – Childcare Tuition Assistance - \$10,000**

The Childcare Tuition Assistance Program will offer low-income families access to supportive, play-based childcare at Global Roots Play School. Global Roots' mission is to provide refugee and immigrant parents with a daily space for their children, access to adult ESL programs at TST BOCES and Tompkins Learning Partners, and a meaningful, supportive community. Tuition assistance grants will cover the difference between affordable tuition rates and the true cost of per-child attendance.

Suicide Prevention & Crisis Service

- **Help for Every Teen - \$3,500**

"Help for Every Teen" is designed to encourage teens to understand mental and emotional health, get emotional support for specific problems, and learn where to get more help. The project will provide print materials and after-school learning experiences to middle and high school students. In addition, trainings in suicide awareness and intervention skills will be provided for school staff. When possible, youth will be engaged in distributing materials throughout the schools and developing learning experiences.

Brooktondale Community Center

- **Brooktondale Community Center Summer Camp - \$2,000**

Caroline parents, as well as parents from other parts of Tompkins County, rely on our excellent and affordable summer camp for their childcare needs. Some socio-economic stratification in Caroline persists, and we strive to offer an affordable summer program with scholarships that allow all interested children to participate in camp.

Child Development Council

- **Family Services Program - \$38,000**

The Family Services Program of the Child Development Council offers individualized support to the families of Tompkins County with a child under the age of five, including those who are pregnant. We partner with families to meet their basic needs, provide child development information and parenting skills education to reduce child abuse and neglect, and support families in developing and working toward their educational, employment, and parenting goals.

- **Child Care Resource and Referral - \$10,500**

The original cornerstone of the Child Development Council, the Child Care Resource and Referral (CCR&R) program is thriving. The Council offers a wide array of services which focus on the needs of young children, and which support the caring adults in their lives. CCRR develops the availability, the accessibility, the affordability and the quality of child care of all different types and organizational structures throughout Tompkins County.

Danby Community Council

- **Youth Program - \$750**

This program provides ongoing community-based youth development programs in Danby and assists with transportation issues. Programs are offered throughout the year. Through field trips, in-school activities, and indoor and outdoor programs during the school year and over breaks, youth learn new skills, make new friends, and are offered a diverse range of programs.

Dryden Community Council

- **Town of Dryden Summer Recreation - \$4,000**

The Dryden Community Summer Camp is a six week, day camp for students entering kindergarten through fifth grade. The camp is held at Dryden Elementary School from 8:00am-4:30pm. Children engage in education activities, outdoor play, and field trips. Healthy lunch and snack is provided to those in need by the Dryden Summer Feeding Program. Many families in the community rely on this great summer program.

- **Southworth Library Summer Reading - \$600**

The Summer Reading program at the Southworth Library provides a fun way for kids, teens and families to engage in literacy over the summer months through programs, reading logs, and events that encourage participation in reading and learning. The programs vary from simple tracking of materials read to weekly programs for directed learning and investigations.

Enfield Community Council, Inc.

- **Enfield Teen Program - \$1,000**

This program offers life skills and educational opportunities for any interested middle and high school Enfield youth. The program manager offers fun activities to our youth, concentrating on youth development through enhancing self-esteem, leadership and team building skills with opportunities for community participation. Youth are also encouraged to practice making good choices which helps them make healthier choice during their teen years. Our program manager also works in several roles at Summer Camp.

Freeville Community Council

- **Freeville Summer Recreation Program - \$2,500**
The Freeville Summer Rec program assists local residence with low cost child care for the summer months in a structured, fun, safe environment.

Groton Community Council

- **Izzy's Closet - \$1,000**
Izzy's Closet is a cupboard, initiated in Sept. 2015, at the Groton Elementary School. It houses basic school supplies, books and clothing for children in need. These items are given out at the teacher's discretion to students who can't afford, or do not have, adequate supplies. These items help disadvantaged children succeed in school bit academically and socially.

Lansing Community Council

- **Lansing Youth Services - \$3,000**
The programs are developed for at-risk youth in their middle school years as well as high school youth with no work experience. The programs provide opportunities for youth to learn life skills and resiliency. Sample skills include: cooperation, communication, social skills, healthy lifestyles, planning/organizing, wise use of resources, creativity, goal setting, decision making, responsibility and self-esteem.

The Discovery Trail

- **Kids Discover the Trail! - \$4,000**
Kids Discover the Trail! (KDT!) makes learning tangible for elementary school students in Tompkins County by combining our member organizations' world-class resources with the teaching plans in each grade of our participating elementary schools. The experiences bring classroom concepts to life for all students. The funds will help the Discovery Trail as we carefully grow the program to reach 82% of students in 2018-19, and then meeting 85% of students in 2019-20.

The Learning Web

- **Youth Exploration Program - \$13,000**
School-age youth (80% underserved youth) undertake career and community exploration activities, apprenticeships, and community service projects, developing skills, interests, and knowledge of the world of adult roles. Serving all youth—from the at-risk youth to the resource-rich youth allows for a program of “blended youth” that resists stereotyping. Apprentices gain skills related to their interests and valuable employment-related skills. Activities promote confidence, character, connection, competence and contribution and lead to a successful transition to adulthood.

Groton Community Council

- **Groton Youth Services - \$3,000**
Groton Youth Services is part of Rural Youth Services which provides high quality Positive Youth Development Programming in each municipality in Tompkins County with the exception of Newfield and the City of Ithaca. Each municipality offers programming that addresses the needs of that community with guidance from community councils. Groton Youth Services strives to serve its population of rural youth through progressive and innovative programming designed for elementary and middle school youth.
- **Groton Public Library - \$1,800**
The overall goal is to engage and connect with the youth of our community and create excitement about Libraries. Summer reading is a vital part of a child's literacy development. Those that do not continue to read over the summer will often fall behind in the next school year, a phenomenon known as the ‘Summer Slide.’ Our Summer Reading Program will have over 20 events, spanning all ages, in Groton.
- **Groton Recreation - \$1,600**

Groton Recreation provides a number of programs geared towards youth development, physical activity, and community events. Summer camps for youth include over fourteen different camps such as soccer, dance, art, basketball, fire academy, and archery. Our summer camps serve over 250 youth. New for the 2018 season will be a Lifeguard in Training camp which will focus on water safety, what to do in an emergency, safe swimming, and how to become a lifeguard someday.

McLean Community Council, Inc.

- **McLean Community Hall - \$1,500**
Use of hall for community meetings and the monthly food give-away.

Newfield Community Council, Inc.

- **Newfield Recreation Summer Day Camp - \$3,000**
In its 50th year, the Newfield Recreation Summer Day Camp provides a six week program for children entering grades 1 through 7. It is located on the campus of the Newfield Central School District with a staff of 19 and projected maximum of 75 campers. Activities include arts and crafts, sports, and special events and presentations. Registration and fee are required, scholarships available.
- **Newfield Public Library – Summer Reading Program - \$2,000**
Each summer Newfield Public Library provides a summer reading program for families in the community. Children who participate in the Newfield Recreation summer camp are brought to the library each week for reading and educational activities. This program is staffed by an adult educator and two teens from the Newfield community. In addition to the staff for the camp program, we employ up to three other teen workers throughout the summer at the library.
- **Newfield Before and After School Programs - \$2,000**
The Newfield Before and After school program supports local low-income working families. The program works to provide enriching experiences for students by facilitating field trips as well as hands-on learning opportunities.

Ulysses Community Council

- **Trumansburg After School Program, Inc. – \$2,350**
The Trumansburg After School Program is a not-for-profit organization designed to meet family child care needs. We aim to be a safe, caring, quality affordable program responding to children's needs and interests. We offer a nutritious snack following state guidelines for healthy food and beverage choices.
- **Trumansburg/Ulysses Youth Commission - \$5,000**
Trumansburg /Ulysses Youth Services is part of CCE's Rural Youth Services which provides high quality Positive Youth Development Programming in rural communities. The Town of Ulysses contracts with CCE and the Youth Commission oversees innovative non-formal educational programming for rural and under-served school students in Trumansburg schools. Programs usually run for 4-6 sessions and onetime events are also offered primarily to middle schoolers. Employment and college exploration are offered for high school students.
- **Ulysses Philomatic Library Summer Reading Program - \$800**
The Summer Reading Program is an annual program offered to community youth. Children register at the beginning of summer, and set a goal for the number of books they will read over 6 weeks. The Summer Reading Program encourages use of the library over the summer to build literacy skills, helps to fight the 'summer slide' of lost learning, and encourages a love of life long learning.

Varna Community Association

- **Facility and Program Updates- \$4,500**

This program will allow upgrades to the Varna Community Center: installation of outdoor lighting along the driveway from the front to the back of the building, and replacement of old flooring where young children play and others gather for meetings, events and voting. Also included are expanded STEM and arts activities for the Varna after School Program: funding to pay occasional guest presenters, purchase additional supplies for science projects, and provide training for staff.

INCOME - \$281,650

Outcomes:

Individuals and families have improved financial stability and self-sufficiency.

- *Individuals and families build financial assets and improve financial management skills.*
- *People secure needed resources to address crises.*
- *People develop skills to gain, maintain, and improve employment.*
- *People have knowledge of and access to supportive services.*

Catholic Charities of Tompkins/Tioga

- **Immigrant Services Program - \$10,000**

For over 10 years, the Immigrant Services Program (ISP) has been addressing the unique needs of Ithaca's immigrant community. The majority of clients we serve live in low income households and have language and/or cultural barriers. Our core services consist of helping refugees and immigrants access legal immigration services, social services and community resources, as well as obtain assistance in finding employment.

- **Samaritan Center Emergency Services: 2018-2020 – \$30,000**

Catholic Charities of Tompkins/Tioga seeks continued support of the Samaritan Center through the United Way Community Care Fund. The Samaritan Center serves as a welcoming location for families and individuals experiencing financial crisis. The funds requested will help over 4000 low-income people each year to resolve crises related to housing, transportation, health or work, and to stabilize, get caring support, and gain access to programs that have helped many to move toward greater self sufficiency.

Challenge Industries, Inc.

- **Contract Production: Creating Opportunities for Employment - \$20,000**

Contract Production is the evolution of the original work center, offering people with the most significant disabilities the chance to work and earn money, in a setting that provides the support they need to be successful. Our goals are to support an aging workforce with disabilities to continue to work and contribute to their community and their own self-sufficiency while providing training and work experience to younger workers with disabilities to reach their career potential.

- **Job Club - \$6,700**

Job Club helps individuals who are dependent on public assistance make the transition to self-sufficiency by developing the skills to obtain and maintain employment in jobs that offer opportunities for career growth and connecting the worker to support services that will provide a security net after completion of the program. The program will be measured by the number of individuals who complete Job Club, are placed in employment, and reach job retention and wage/benefit milestones.

Greater Ithaca Activities Center, Inc.

- **Hospitality Employment Training Program (HETP) – \$10,000**

The Hospitality Employment Training Program (HETP) staff, steering committee, and partners have compressed a lifetime of employment skills and experience into an intensive and holistic career training

program which is transformative for participants and essential for local employers. This comprehensive model screens job seekers for housing, childcare, and mental health needs for example, and prepares participants for long-term career success using technical training, goal setting, and life skills such as conflict management and self-care.

Human Services Coalition of Tompkins County

- **Continuum of Care Coordinator - \$8,000**

The Continuum of Care (CoC) is a local planning body of individuals and public, and non-profit agencies working together to end homelessness in Tompkins County. To receive HUD funding, you must have an active, collaborative CoC. The Coordinator staffs the 28 member CoC and its committees including setting up meetings and agendas, taking notes, researching, publicity, facilitating the Homeless and Housing Task Force, collecting data and producing all of the required HUD applications and reporting.

Legal Assistance of Western New York, Inc. (Ithaca Office)

- **Crisis Services – \$4,000**

Priorities include low-income residents' access to decent, affordable housing, adequate food and health care, and a subsistence income sufficient to preserve shelter, nutrition, and health. We represent people with public benefits issues, like SSI and Social Security disability, public assistance, HEAP, Food Stamps, Medicaid, or unemployment insurance, people who are threatened with eviction, foreclosure or who have problems with public housing or subsidized housing, victims of sexual assault or domestic violence, and senior citizens.

- **LawNY Collaborative Reentry Project - \$4,000**

Priorities include reducing barriers to employment and housing for low-income reentry residents due to discrimination or due to errors in criminal history. We aid reentry clients in correcting errors in criminal history and in removing barriers to employment due to criminal histories or child support arrears. We thus increase reentry residents' access to decent, affordable housing, adequate food and health care, and a subsistence income sufficient to preserve shelter, nutrition, and health.

Opportunities, Alternatives and Resources (OAR)

- **OAR of Tompkins County: Core Services - \$9,000**

OAR's services have expanded significantly over the past two years. OAR's College Initiative Upstate program connects formerly incarcerated individuals to higher education and also offers two college prep courses per year. Currently CIU has 38 students enrolled at TC3, Empire State College, and Brooklyn College. OAR created OAR Housing LLC, to facilitate the operations of our new Endeavor House which is currently housing 4 formerly incarcerated males. OAR has significantly expanded its work with parolees.

The Learning Web

- **Youth Outreach - \$32,000**

Youth Outreach assists homeless and transient young people age 16-24 to move from a state of dependence to self-sufficiency. Using the vehicles of housing, employment, education, parenting, home keeping, managing finances, and virtually all of the components of independent living, we assist young people in moving from instability to stability. Combining experiential learning, case management, life skills training and a supported housing program, youth gain the skills to live successful and economically self-sufficient adult lives.

Tompkins Learning Partners, Inc.

- **Adult Literacy - \$10,000**

We serve adults who live or work in Tompkins County who have English language or literacy needs. Students seek to improve their ability to speak English, read, write, do math, or use a computer. Many have goals to improve or gain employment, obtain High School Equivalency, become American

citizens, or simply gain skills to navigate independently in the community. Students in our program test at low (beginner or basic) to intermediate (4th grade - 9th grade) literacy levels.

Women's Opportunity Center

- **The Leadership Employment and Developing Skills (LEAD) Program - \$15,000**
Our Leadership, Employment, and Development Skills (LEADS) Program provides hands-on training, computer skills, and soft-skills needed to help our participants create a community of support and professional networking that will help them to think beyond just obtaining a level-entry position, but instead starting on a career path. In the long-term, this will increase their job retention rates, help them break out of the cycle of generational poverty, and become contributing economic self-sufficient members of Tompkins County.

YMCA of Ithaca and Tompkins County

- **Open Doors Scholarship Program - \$15,000**
In an effort to encourage health and well being for individuals and families in our community, the YMCA of Ithaca offers an income-based membership, known as the Open Doors Program. This membership allows the applicant (and family, if applicable) a 3 month membership at a subsidized rate and the option to request assistance for most programs with fees that we offer.
The YMCA... a place where everyone can belong—no matter what income.

Cooperative Extension Association of Tompkins County

- **Healthy Food for ALL – CCE Tompkins - \$25,000**
Diet has surpassed smoking as the number one cause of death and disease in America. Low-income populations are disproportionately suffering from the physical and emotional toll that hunger and poor nutrition causes. Despite Tompkins County's agricultural abundance, over 14,000 youth and adults are food-insecure. Healthy Food For All (HFFA) is an effective strategy to leverage our agricultural resources to end nutritional hunger, improve personal health and strengthen our community's capacity for long-term food security.

Brooktondale Community Center

- **Caroline Food Pantry (CFP) - \$1,500**
Provides nourishing food to approx. 500 Caroline residents each month on the basis of need.

Community Dinners at Dryden United Methodist Church

- **Community Dinners - \$3,000**
We are helping to meet the need of hunger in the Dryden area by providing a "home cooked" meal four times a month and providing a time of socialization for those who usually eat alone. Finances for the program are from grants and private donations. Our only expenses are for food and supplies. The meal is entirely done by volunteers in the community.

Food Bank of the Southern Tier

- **Direct Service Hunger Relief Programs in Tompkins County - \$8,000**
The Food Bank of the Southern Tier offers two direct-service hunger-relief programs in Tompkins County. The Mobile Food Pantry is a truck used to deliver fresh produce, dairy products, and other food and grocery products directly to distribution sites where people need food. The Backpack Program provides children who are at risk of hunger with a bag of nutritious food each Friday throughout the school year.

Foodnet Meals on Wheels

- **Home Delivered Meals and Nutrition Counseling - \$30,000**
Foodnet's meal delivery and nutrition counseling services address hunger, isolation, and loss of independence for those who might otherwise be forgotten. Providing access to nutritionally balanced meals that are certified by a registered dietitian helps keep older adults and others living independently

while significantly reducing community healthcare costs. We request \$50,000 over the course of two years (\$25,000 per year) to support Foodnet's front-line services (home delivered meals and nutrition counseling).

GreenStar Community Projects

- **Increasing Food Self-Reliance Among Hungry Youth - \$8,000**

Food pantries don't address root causes of hunger, or foster independence. GreenStar Community Projects (GSCP) proposes a comprehensive initiative to inspire youth self-reliance by increasing self-esteem and community connection. Using gardens, a community kitchen and www.hotpotatopress.com, GSCP will leverage partners to reduce family hunger by increasing independence. Youth will learn food growing, cooking, healthy eating, moderate exercise, and leadership skills to open opportunities. GSCP requests \$17,050/year to positively impact 400 hungry youth & families.

Loaves and Fishes of Tompkins County

- **Free Meal Program - \$20,000**

For 34 years, the Loaves & Fishes Free Meal and Advocacy Program have offered Tompkins County residents a welcoming community where guests can receive a "home-cooked" meal and practical assistance when needed. Additionally, limited funds, winter clothing and food items are available to guests for emergencies. Over 25 social service agencies provide direct outreach to our guests during meal times. We rely on over 100 community volunteers and serve over 2700 free meals monthly.

McLean Community Council, Inc.

- **McClean Beautification Committee - \$450**

The primary objective of the McLean Beautification Committee is to beautify the McLean community through plantings, and promote community pride and awareness by, but not limited to, providing informational programs in regards to nature and its many facets.

Newfield Community Council

- **Newfield Kitchen Cupboard - \$1,000**

The Newfield Kitchen Cupboard is a food distribution program designed to help low income families experiencing emergency or chronic food scarcity. It serves anyone who is in need of food. A three day supply of nutritious food is offered twice monthly on the 1st and 3rd Wednesdays of the month from 6-7 pm at the Newfield United Methodist Church, on the 4th Tuesday of the month April through September (MFP), or on an emergency basis.

Ulysses Community Council

- **Trumansburg Food Pantry – \$2,500**

Our program is designed to help an average of 70 households in the Town of Ulysses or Trumansburg School District who are having financial difficulties and need support with meeting their monthly nutrition needs. We try to supply 3-5 days of meals every other week. We also maintain an emergency phone hotline for immediate food needs and support 30 backpacks for the neediest children in the Trumansburg School District.

Danby Community Council

- **Youth Grants - \$1,000**

The DCC Youth Scholarship (now called Grant) program provides money for youth to attend summer camps, afterschool programs and other enrichment activities. Program goals include awarding more scholarships, finding new and effective ways to get the word out to more youth, particularly to lower-income youth.

- **Newsletter - \$1,000**

The Danby Area News is a monthly print and online publication that almost every resident of Danby receives by mail. It is one of the only ways that Danby youth and their parents can find out what

programs are available to them. We publish general news of a non-political nature that is contributed by, and of interest to, the general community. Also, applications for youth scholarships are printed periodically in the DAN.

Enfield Community Council, Inc.

- **Enfield Community Newsletter - \$2,000**

For many years the Enfield Community Council has produced a newsletter 4 times a year which is sent to each household in the Town. Because there is limited internet, it was thought that this would be the best way of communication in our rural community. Local organizations and groups are encouraged to submit articles of current interest. We advertise our current programs such as summer camp and the Harvest Festival.

Lansing Community Council

- **Community Care – Town of Lansing Recreation Program - \$1,500**

The Lansing Community Council (LCC) partners with the Town of Lansing Recreation Department to offer financial aid in the form of scholarship to disadvantage needy youth and families. This has been a very successful program and greatly expands the opportunities of the youth to participate in a multitude of various recreational programs. Activities include: soccer, baseball, basketball, music, robotics, archery, cheerleading, drama, and art, skiing, foreign languages, skating, rock climbing, and swimming offering something to everyone.

Tompkins County Senior Citizens' Council Inc., (dba Lifelong)

- **Tax Counseling for the Elderly - \$3,000**

Lifelong's TCE (Tax Counseling for the Elderly) provides free tax preparation by IRS trained volunteer preparers to eligible clients. Appointments are made beginning in January of each year and tax clinics are held on Thursdays, Fridays and Saturdays throughout the tax season.

HEALTH - \$268,133

Outcomes:

Children, seniors and adults have improved physical, emotional, and mental well-being.

- *People have access to nutritious food.*
- *People of all ages are active and build social connections through recreational activities.*
- *Individuals and families can utilize substance abuse, mental health, and conflict resolution counseling.*
- *People can obtain medications for acute illnesses.*

Advocacy Center of Tompkins County

- **Youth Intervention and Prevention Services - \$21,000**

Advocacy Center's Youth Services Program provides comprehensive intervention and prevention services to victims of child sexual abuse, teen dating violence, children who witness domestic violence, and adult survivors of child sexual abuse. Advocates provide comprehensive case management, crisis intervention, and supportive services to youth victims and their non-offending family members. Our Education Staff collaborate with every school district in the county and provide prevention programs for a wide array of community, college and professional groups.

Alcohol & Drug Council of Tompkins County, Inc.

- **Outpatient Clinical Substance Abuse Treatment - \$15,000**

Outpatient treatment for addiction is intended to assist people in managing symptoms of withdrawal and cravings during the beginning phases of recovery. This is done through exploring and managing specific behaviors of addiction, development of healthy coping skills for stressful life circumstances,

identifying triggers of substance use, improving sense of interpersonal connectedness, improving sense of self-worth, and developing meaningful activities and/or employment. This is done through screening and assessments, and outpatient and medication assisted treatment.

American Red Cross, Tompkins County Office

- **Emergency Services and Preparedness - \$5,000**

The Red Cross Emergency Services staff and volunteers are on-call, 24 hours a day, 365 days a year, trained and ready to help when large or small disasters impact our community. The Red Cross Disaster Action Team is responsible for responding to emergencies (typically single or multiple family house fires) by providing the clients with immediate needs of food, clothing, shelter and emotional support.

Cancer Resource Center of the Finger Lakes

- **Individualized Support for Those Affected by Cancer - \$7,500**

Although we offer a variety of support services for those affected by cancer, for the purposes of this application we are focusing on our support group programs and individualized support. Many clients come to us and need 1:1 support. We offer six support groups and one educational group. Support groups bring together people with common situations and experiences; our objective is to provide emotional support for clients to cope with their current challenge of cancer.

Family and Children's Service of Ithaca

- **Mental Health Counseling – \$25,000**

When mental health concerns for children, family members, friends, or concerns for your own mental health and well-being seem too overwhelming to handle alone, our clinical program offers high-quality, trauma-informed counseling services in a warm and caring environment, made affordable through a generous sliding fee scale and by accepting all major insurances. Our services are made accessible through extended business hours, offsite locations in rural areas and, as needed, services provided in the client's home.

- **Psychiatry - \$25,000**

Mental illness is like any other illness, yet its treatment is often fragmented. At F&CS, psychiatric services are integrated with counseling services. This structure of pairing psychiatry services with counseling services is fairly uncommon even though it is also considered best practice. A coordinated approach to treated psychiatric ailments ensures the best possible health outcomes for each client, and is foundational to how services are provided at F&CS.

Franziska Racker Centers, Inc.

- **Early Childhood Feeding Program - \$8,000**

The Early Childhood Feeding Program will help identify infants and children with feeding difficulties in homes, daycares, and preschool classrooms. These difficulties may include oral motor deficits, reflux, delayed feeding development, sensory aversions, and feeding tube dependence and others. We will provide trained and experienced therapists to work with children and their families from their child's initial evaluation forward. In addition, we will provide training to professionals to enhance their knowledge around feeding issues.

Gadabout Transportation Services, Inc.

- **Gadabout Transportation - \$10,000**

Gadabout Transportation Services uses a fleet of 30 lift equipped buses operated by volunteer and staff drivers to provide rides to older adults (60 and over) and people with disabilities within Tompkins County.

Greater Ithaca Activities Center, Inc.

- **Senior Program - \$6,000**

The Senior Program addresses several issues associated with the aging process for senior citizens. The focus is on three basic components dealing with senior health and well-being: (1) isolation, (2) social and intellectual engagement, and (3) physical and mental well-being. The Senior Program primarily functions as an outing/activities program for people 60+. By participating in GIAC sponsored trips/activities, seniors develop networks and become engaged in the community, enjoy culture and the arts, and experience positive health outcomes.

- **Recreation - \$8,000**

The Recreation Program provides safe, educational, cultural, supportive and engaging recreational activities designed to help participants stay fit, build self-discipline and supportive relationships and maintain positive family relationships. In addition it provides opportunities for employment and career-exploration for many young adults and teens.

Human Services Coalition of Tompkins County, Inc.

- **2-1-1 Tompkins/Cortland Helpline - \$7,000**

2-1-1 Tompkins/Cortland Helpline provides comprehensive information & referral to more than 13,000 contacts annually. The service is available 24 hours, 365 days a year. Individuals reach 2-1-1 by phone, chat, email, and walk-in. In the 2018-2020 grant cycle, 2-1-1 will add text messaging as an additional way to access services. We request United Way support for staffing to maintain and increase our ability to respond to community needs.

Ithaca Health Alliance, Inc.

- **Ithaca Free Clinic Patient Services and Chronic Care Support - \$35,000**

The Ithaca Health Alliance requests \$35,000 per year for two years to support general operations and development of essential health services for uninsured and under-insured members of our community. The Ithaca Health Alliance through the operation of the Ithaca Free Clinic provides direct health care, health education, and medical debt related financial health services to uninsured and under-insured residents of Tompkins County and the surrounding Fingerlakes and Southern Tier Regions.

Danby Community Council

- **Community Programs - \$1,000**

DCC's Family Programs provide opportunities for the community to gather in non-conflict settings and to strengthen community ties. Events include Danby Fun Day, concerts, a natural history series, special events like the Physics Bus, and our annual Harvest Festival. We partner with other local groups to further strengthen our community network and to maximize community involvement and participation. We draw on, highlight, and celebrate the local resources and talents within the Danby community.

Dryden Community Council

- **Southworth Library Large Print Materials - \$300**

Monthly we bring about 40 books, including several just been published, to the Willowbrook Senior Living center for use there on a rotating basis. The monthly visits by the library director include a description or synopsis of the books, some refreshments and book discussions. The new books are delivered with the collection on loan and then are made available to the library users in Dryden once they are returned to the library

Enfield Community Council, Inc.

- **Enfield School Age Program Scholarship Fund - \$3,000**

The Enfield Community Council supports the working families of Enfield by providing scholarship money to defray the cost of quality child care in the Enfield School Age Program to several families attending the Enfield Elementary School.

- **Enfield Summer Day Camp Program - \$3,000**
Enfield Summer Day Camp has seven age groups that include 1 Senior Counselor, 1 Junior Counselor and 1-2 CIT (Counselor-In-Training) with 15-18 children in each group. Activities offered throughout the day are: sports, arts, science, music, swimming, cooking, literacy, primitive pursuits, and hiking, free play, field trips. CIT program available for 14-15 year olds as a job training program. The camp offers before camp and after camp care
- **4th and 5th Grade Basketball - \$900**
The Basketball Program is coordinated by the Ithaca Youth Bureau. This program enhances our 5th graders abilities to transition to the middle school level by having them play against other 5th grade students who will also be making the transition. The 3rd, 4th and 5th graders will learn essential skills in team participation and team-building skills through competitive play. There is the encouragement of continuing to be active and continue to play sports.

McLean Community Council, Inc.

- **Calling All Teens - \$3,000**
There are young people that have very limited resources, not the best guidance at home, and not many opportunities to learn the value of positive socialization. By using volunteer help and resources of the community, (Cassavant School, McLean Fire Hall, McLean Community Hall, and the outside environment) useful activities can be provided to the youth of the community. Also as resources permit visits to other venues that can enrich the character of the individual.

Newfield Community Council

- **Youth-at-Risk and General Recreation - \$2,000**
We are a Department of the Town of Newfield. Our purpose is to create and oversee programs benefiting the physical and mental well being of the community. We are primarily tasked with, but not limited to, youth programming in recreation and educational activities. The Department is supported by public funds, participant fees, donations, and grants.

Rescue Mission Alliance of Syracuse

- **Irm Friendship Center - \$20,000**
The Ithaca Rescue Mission services adults and families in Tompkins County who are struggling with homelessness, hunger or at risk of homelessness or food insecurity and assists them with safety and securing basic needs.

Suicide Prevention & Crisis Service

- **The Crisisline - \$17,500**
We seek a continuation of the funding for the senior counselors of the Crisisline during the evenings and weekends. The senior counselors, recruited from the volunteer team, provide much needed stability of service for the Crisisline, which operates 15 hours a day, 7 days a week; In addition, the senior counselors provide support and coaching for volunteers, insuring that volunteers need never face difficult calls alone.

The Mental Health Association in Tompkins County

- **Kids First Summer Recreation Program - \$20,000**
The KIDS FIRST Program is a summer day-camp for children with developmental, behavioral and/or emotional issues whose disabilities make them unable to attend a mainstream summer camp. Under the guidance of highly trained staff, children in the program are able to access recreational and educational resources in the community, engage in physical activity, build social skills and emotional intelligence, and enjoy summer fun in a supportive, inclusive environment.
- **Community Education and Engagement - \$15,033**

The Community Health Education program provides education, information, and support to the Tompkins County. We do this by a variety of means including social media presence, presentations and trainings, publications, individual and group support. The goal is to make all possible and up-to-date resources available to anyone interested in mental health. The program also supports the outreach of other MHATC programs and maintains collaborative relationships with other agencies.

Tompkins County Senior Citizens' Council Inc., (dba Lifelong)

- **Volunteers Connected - \$2,000**

Volunteers Connected is a program of Lifelong in partnership with United Way's "Get Connected". Our aim is to promote volunteerism among persons 50 years of age and older and provide opportunities for them to pursue their interests and use their skills and abilities to help meet the critical needs of Tompkins County.

- **Activities - \$4,400**

As Tompkins County's senior citizen center, we know how important it is to remain as active and independent as possible as we age. Lifelong Activities helps to support these efforts by providing exercise options throughout the County as well as creative arts opportunities, social and support groups and special events.

Ulysses Community Council

- **Trumansburg Summer Recreation Program - \$3,500**

The Program serves 150-200 children ages 5-16 from diverse backgrounds for six weeks in the summer. A morning playschool with arts and crafts, playground games, & field trips is followed by a supervised lunch, and a Swim Bus to Taughannock State Park for free swim and recreation in the afternoon. Supplemental daycare is available from 7:30 - 9:30AM, before the program and/or from 3:00-5:30 after the program ends. Scholarships enable low income children to participate fully.