



United Way
of Tompkins County

Guide to Tompkins County Services

2014

The services in this guide are available in Tompkins County and all listed phone numbers are in area code (607) unless otherwise noted.

Introduction

This brochure is designed to give community members an overview of available Tompkins County services. United Way of Tompkins County funding supports many of the listed services; additional program revenue is generated through public and private sources. Please note that some services listed here are available to you at no charge, while other agencies do charge a fee—often based on your ability to pay.

☀ - This symbol reflects programs within Tompkins County organizations that are funded by United Way of Tompkins County.

Give. Advocate. Volunteer. LIVE UNITED.

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United Way
of Tompkins County

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Unemployment Compensation

NYS Dept. of Labor, Unemployment Service Division

For unemployment compensation call

1-888-209-8124

Information is also available from:

- Your union steward
- Your local labor union
- **Your employer's personnel office**

For more information, contact 2-1-1 or 1-877-211-8667

Information and Referrals

For 24-hours a day, seven days/week information about local services visit

www.211tompkins.org or call

☀**HELPLINE**

2-1-1 or 1- 877-211-8667

Employment Counseling, Skills Development & Job Training

The agencies listed below can help you find a new job, evaluate your work skills, or pursue a career change. Call for details about the services these agencies offer.

☀**Challenge Workplace Solutions**

950 Danby Road, Ste. 102, Ithaca, NY 14850

272-8990

8:00 AM to 4:00 PM - Monday through Friday

Experience Works, Ithaca Office

171 East State Street, 2nd floor, Ithaca, NY 14850

272-7570

☀**The Learning Web**

515 West Seneca Street, Ithaca, NY 14850

275-0122

☀**Women's Opportunity Center**

315 North Tioga Street, Ithaca, NY 14850

272-1520

☀**Tompkins Learning Partners**

124 West Buffalo Street, Ithaca, NY 14850

277-6442

Tompkins Workforce New York

171 East State Street, Ithaca, NY 14850

272-7570

Individual & Family Counseling

The agencies below can help you manage your stress and find solutions to your health needs

☀**The Advocacy Center of Tompkins County**

P.O. Box 164, Ithaca, NY 14850

277-3203

hotline: 277-5000

☀**Alcohol & Drug Council of Tompkins County**

201 East Green Street, Ithaca, NY 14850

274-6288

☀️ Catholic Charities/Family Division – Counseling 324 West Buffalo Street, Ithaca, NY 14850	272-5062
☀️ Community Dispute Resolution Center (CDRC) 120 West State Street, Ithaca, NY 14850	273-9347
☀️ Family and Children’s Service of Ithaca 204 North Cayuga Street, Ithaca, NY 14850	273-7494
☀️ Greater Ithaca Activities Center (GIAC) 318 North Albany Street, Ithaca, NY 14850	272-3622
☀️ The Mental Health Association in Tompkins County 301 S. Geneva Street, Ithaca, NY 14850	273-9250
☀️ The Salvation Army, Ithaca Corps 140 North Albany Street, Ithaca, NY 14850	273-2400
☀️ Suicide Prevention and Crisis Service 124 East Court Street, Ithaca, NY 14850	272-1505

Support Groups

Find support in a peer-to-peer setting.

Alcoholic Anonymous P.O. Box 43, Ithaca, NY 14851	273-1541
☀️ Cancer Resource Center of the Finger Lakes 612 West State Street, Ithaca, NY 14850	277-0960
Gamblers Anonymous Syracuse Hotline Number	(315)458-0085
☀️ Lifelong 119 West Court Street, Ithaca, NY 14850	273-1511
☀️ Opportunities, Alternatives and Resources of Tompkins County (OAR) 518 West Seneca Street, Ithaca, NY 14850	272-3666
Oveaters Anonymous – Tompkins County Tompkins County – Henry St. John Building, Suite 103, Ithaca, NY 14850	387-8253

Financial Assistance & Counseling

☀️ Alternatives Federal Credit Union (☀️Earned Income Tax Credit) 125 North Fulton, Ithaca, NY 14850	273-4611
☀️ Catholic Charities, Tompkins/Tioga Counties, Samaritan Center 324 West Buffalo Street, Ithaca, NY 14850	272-5062

☀ **Child Development Council of Tompkins County, Inc. – Child Care Scholarships**
609 West Clinton Street, Ithaca, NY 14850 273-0259

Cornell Cooperative Extension of Tompkins County, Consumer & Financial Management
615 Willow Avenue, Ithaca, NY 14850 272-2292

Rural Development, USA (315) 386-2401
2571 U.S. Route 11, Lafayette, NY 13084 ext. 4

CFCU Community Credit Union, Financial Counseling
1030 Craft Road, Ithaca, NY 14850 257-8500

New York State Office of Temporary and Disability Assistance
40 North Pearl Street, Albany, NY 12243 on-line only

<https://www.otda.state.ny.us/main/>

The website below will let a person determine if they qualify for various state assistance programs. Apply for benefits. Check on status of applications and benefit account balance(s).

<https://www.mybenefits.ny.gov/selfservice/>

Food Assistance

Includes food stamps, free meal sites, food pantries, supplemental nutrition and pre-paid voucher programs.

☀ **Baptized Church of Jesus Christ**
412 First Street, Ithaca, NY 14850 277-6140
10:00 AM – 12:30 PM – Wednesday & 3rd Saturday

Candor – Bread of Life Food Pantry
1 Water Street, Candor, NY 13743 659-3343
3:00 PM – 6:00 PM – Wednesday

☀ **Catholic Charities, Tompkins/Tioga Counties**
324 West Buffalo Street, Ithaca, NY 14850 272-5062
9:00 AM – 5:00 PM – Monday through Friday

☀ **Caroline Food Pantry - Brooktondale Community Center**☀
522 Valley Road, Brooktondale, NY 14817 539-9928 (Pat Brhel)
6:00 pm – 7:30 pm, 1ST & 3rd Mondays 539-7930 (Cullie Mowers)

☀ **Cornell Cooperative Extension of Tompkins County – Community Supported Agriculture (CSA) Shares**
615 Willow Avenue, Ithaca, NY 14850 272-2292

☀ **Danby Food Pantry – Danby Community Council**☀
Danby Federated Church
1859 Danby Road, Danby, NY 14883 273-7850 (Joan Barber)
6:00 PM – 8:00 PM, 3rd Thursday and 3rd Friday

Department of Social Services, Tompkins County, Temporary Assistance and Food Stamps
320 West State Street, Ithaca, NY 14850 274-5345
8:30 AM – 4:30 PM – Monday through Friday

- ☀️**Dryden Kitchen Cupboard** – Dryden Community Council☀️
 Dryden Presbyterian Church
 6 North Street, Dryden, NY 13053 844-8321
- Enfield Food Distribution** – Enfield Community Council☀️
 Enfield Community Building, 182 Enfield Main Road, Jacksonville, NY 14854 273-5682
 12:00 PM – 4:00 PM, 2nd & 4th Tuesday
- Freeville Food Pantry** – Freeville Community Council☀️
 Freeville United Methodist Church, 37 Main Street, Freeville, NY 13068 844-8760 (Church)
 6:00 PM – 7:00 PM, 2nd & 4th Mondays 844-5281 (Parsonage)
- ☀️**The Food Bank of the Southern Tier**
Hunger Education
 For more information, or to set up a time for an activity or workshop, contact Jennifer Bertron,
 Youth Programs Coordinator 796-6061 x25
Nutrition Outreach and Education Program
 For more information or for a free confidential prescreening, contact Mary Laurey, Nutrition
 Outreach and Education Program Coordinator 796-5592
- ☀️**The Backpack Program**
 Provides children who are at risk of hunger with a bag of nutritious food each Friday throughout
 the school year. For more information, or to set up a time for an activity or workshop, contact
 Jennifer Bertron, Youth Programs Coordinator 796-6061 x25
- ☀️**Foodnet- Nutrition Outreach Worker**
 2422 North Triphammer Road, Ithaca, NY 14850 266-9533
- ☀️**Groton Food Providers** – Groton Community Council☀️
 Joyce Crouch Benevolence Building
 102 McKinley Avenue, Groton, NY 13073 898-5263
 10:00 AM – 11:00 AM, 2nd & 4th Saturday
- ☀️**Friendship Donation Network** - Halsey Valley Pantry
 GAR Building - Hamilton Rd, Halsey Valley, NY, 4-4:45 p.m. 275-3076 (Barbara Gizewski)
 4:00 PM – 4:45 PM – Thursdays
 110 Rachel Carson Way, Ithaca, NY 14850 272-6758 (Sara Pines)
- ☀️**Immaculate Conception Church**
 107 West Seneca Street, Ithaca, NY 14850 589-6139
 1:00 PM – 1:45 PM – Tuesdays
- ☀️**Ithaca Kitchen Cupboard**
 Salvation Army, 150 North Albany Street, Ithaca, NY 14850 273-2400
 1:30 PM – 3:00 PM, Monday through Friday
- Interlaken Reformed Church**
 8315 Main Street, Interlaken, NY 14847 532-4321
 3:00 PM – 6:00 PM - Fridays

- ☀️**Lansing Food Pantry** – Lansing Community Council☀️
 Lansing Methodist Church
 32 Brickyard Road, Lansing, NY14882 592-4685
 4:00 PM – 5:30 PM – 4th Monday (Jan.-Oct.)
 4:00 PM – 5:30 PM – 3rd Monday (May, Nov.-Dec.), + emergencies
- Living Wage Coalition – Tompkins County Workers’ Center**
 Linderman Creek, Community Room #1, 201 Cypress Court, Ithaca, NY 14850 269-1000
 12:30 PM – 1:00 PM – 2nd Saturday
- ☀️**Loaves and Fishes**
 St. John’s Episcopal Church, 210 North Cayuga Street, Ithaca, NY14850 272-5457
 9:00 AM -2:00 PM – Monday & Wednesday
 3:00 PM – 7:00 PM – Tuesday & Thursday
- ☀️**McLean Community Church** – McLean Community Council☀️
 50 Church Street, McLean, NY 13073 838-8234
 1:30 PM – 2:15 PM, 4th Saturday
- ☀️**Newfield Kitchen Cupboard** – Newfield Community Council☀️
 Newfield United Methodist Church
 227 Main Street, Newfield, NY 14867 564-3555 (Marge Strasinder)
 6:00 PM – 7:00 PM, 1st & 3rd Wednesdays + emergencies 564-7823 (Church)
- ☀️**New York Coalition of Healthy School Food**
 Fresh Fruit & Vegetable Program at Beverly J. Martin School, Ithaca, NY 14850 272-1154
- Odessa Pantry**
 Community Center/Fire House
 Municipal Building, Main Street, Odessa, NY14869 535-2625 (Rev. Wayne)
 4:00 PM – 4:30 PM, please call for times
 One Sunday it’s Odessa Pantry. The following Sunday it’s Erin, NY home deliveries
- ☀️**Rescue Mission Emergency Shelter, Friendship Center and Food Pantry**
 618 West State Street, Ithaca, NY 14850 273-6684
- ☀️**Southside Community Center**
 305 South Plain Street, Ithaca, NY 14850 273-5733
 5:00 PM – 7:00 PM – 3rd Thursday
- ☀️**Tompkins Community Action**
 701 Spencer Road, Ithaca, NY14850 273-8816
 1:00 PM – 3:30 PM – Monday, Tuesday, Wednesday + emergencies
- ☀️**Trumansburg Food Pantry**
 Trumansburg United Methodist Church
 Corner of Main & South Streets, Trumansburg, NY 14886 279-4792
 1:00 PM – 2:00 PM – every other Monday, + emergencies

☀ **Ulysses Community Council**
15 Halsey Street, Trumansburg, NY 14886 387-4811

Women, Infants, Children Program (WIC) Health Department of Tompkins County, WIC Program
401 Harris B. Dates Drive, Ithaca, NY 14850 274-6630

Dental, Health and Mental Health Care & Services

American Mobile Dental Clinic
400 Lake Street (877) 248-6684

☀ **Cancer Resource Center**
100 West Seneca Street, Ithaca, NY 14850 277-0960

Cayuga Medical Center (☀ Urgent Rx Prescription Program) 274-4150
101 Dates Drive, Ithaca, NY 14850 274-4011

Citizen Action of New York, Child Health Plus, Family Health Plus
435 State Street, Binghamton, NY 13901 1-(800) 636-2455
10:00 AM – 6:00 PM – Monday through Friday
<http://www.citizenactionny.org/healthcare/famhlthplusindex.html>

☀ **Family and Children’s Service – Mental Health Program**
204 North Cayuga Street, Ithaca, NY 14850
127 West State Street (2nd Location) 273-7494
8:30 AM – 7:00 PM – Monday, 8:30 AM - 8:00 PM – Tuesday through Thursday,
8:30 AM – 5:00 PM - Friday

Fidelis Care – Child Health Plus
5010 Campuswood Drive, Syracuse, NY 13057 (800) 235-7847
<http://www.fideliscare.org/members.aspx?view=art&cid=5&aid=77&parent=77>

☀ **FISH - Medical Transportation Services** 272-5692

Finger Lakes School of Massage
1251 Trumansburg Road, Trumansburg, NY 14886 272-9024

☀ **GADABOUT Transportation Services**
737 Willow Avenue, Ithaca, NY 14850 273-1878

Hospicare (Grief Counseling)
172 East King Road, Ithaca, NY 14850 272-0212

☀ **Human Services Coalition of Tompkins County, Inc. – Health Planning Council, Get Covered Info Line – Information and Referral Telephone Service**
100 West Seneca Street, Suite 300 Ithaca, NY 14850 2-1-1 or
<http://www.hsctc.org> 1-877-211-8667
8:30 AM – 4:00 PM – Monday through Friday

☀ **Ithaca Free Clinic of the Ithaca Health Alliance (☀ Urgent Rx Prescription Program)**
225 S. Fulton Street, Suite B. Ithaca, NY 14850 330-1253
2:00 PM- 6:00 P.M. – Monday
4:00 PM -8:00 PM - Thursday

☀ **Suicide Prevention and Crisis Service (Crisisline: 272-1616, After-Trauma)**
124 East Court Street, Ithaca, NY 14850 272-1505

☀ **The Mental Health Association in Tompkins County, Information and Referral**
614 West State Street, Ithaca, NY 14850 273-9250
8:30 AM – 4:30 PM – Monday through Friday

Mental Health Services Department of Tompkins County – Adult and Children Clinics
201 East Green Street, Ithaca, NY 14850 274-6200
8:30 AM – 4:30 PM – Monday through Friday, until 6:00 PM Monday & Wednesdays

☀ **YMCA**
Graham Road West, Ithaca, NY 14850 257-0101

Prescription Programs

☀ **Urgent Rx Prescription Program:** Urgent Rx provides uninsured patients treated in Cayuga Medical Center’s Emergency Department, Convenient Care Center, and at the Ithaca Free Clinic with vouchers for prescription medicine.

☀ **Health Planning Council**
100 West Seneca Street, Suite 300 Ithaca, NY 14850 2-1-1 or
<http://hsctc.org> 1-877-211-8667
8:30 AM – 4:00 PM – Monday through Friday

Health Insurance

Child Health Plus is a New York State health insurance plan for children under the age of 19 who are not eligible for Medicaid and who have limited or no health insurance. Even if your family income is high, you can enroll your child in Child Health Plus.
For information call 1-800-698-4KIDS (1-800-698-4543)

COBRA laws require most employers sponsoring group health plans to offer a temporary extension of health coverage at group rates where coverage would otherwise end. For more information contact your employer or union representative: call (617) 565-9600, or visit the COBRA website at www.insure.com/health/cobra.html.

EPIC A New York State cost sharing program for Seniors 65 or older depending on income. Elderly Pharmaceutical Insurance Coverage is for those who are not eligible for full Medicaid benefits or have other prescription coverage that is better than EPIC. As of 1/1/2001 some fees have been reduced and other plans are available. For more information call 1-800-332-3742.

Family Health Plus This program of the NYS Health Department serves lower income adults who do not have health insurance through their employers, yet have an income which disqualifies them for other public programs. Family Health Plus assures that adult family members are able to receive quality health care in New York. For more information visit their

website at www.health.state.ny.us. To be placed on an application mailing list, call the NYS Medicaid hotline at 1-800-541-2831.

Healthy New York This state-sponsored insurance program requires all HMOs to provide affordable insurance coverage to eligible individuals and small businesses without health insurance coverage. Income guidelines apply. Contact the HMO of your choice.

Energy Assistance

☀American Red Cross, Tompkins County Chapter – Project Share/Matching Incentive Program

210 West Clinton Street, Ithaca, NY 14850 273-1900
9:30 AM – 4:30 PM – Monday through Friday

☀Catholic Charities-Tompkins/Tioga Counties

324 West Buffalo Street, Ithaca, NY 14850 272-5062

Cornell Cooperative Extension of Tompkins County

615 Willow Avenue, Ithaca, NY 14850 272-2292

Ithaca Neighborhood Housing Services, Energy Smart Loans

115 West Clinton Street, Ithaca, NY 14580 277-4500

New York State Office of Temporary and Disability Assistance

40 North Pearl Street, Albany, NY 12243 800-342-3009

NYSEG, Customer Advocate

1387 Dryden Road, Ithaca, NY 14850 347-2172
9:30 AM – 4:30 PM – Monday through Friday

Rural Development, USDA

Lafayette Service Center
2571 US Route 11, Lafayette, NY 13084 (315)677-3552, ext. 4
www.rurdev.usda.gov/ny

Department of Social Services of Tompkins County (HEAP)

Financial energy assistance for income-eligible families and individuals

321 West State Street, Ithaca, NY 14850 274-5264
8:30 AM – 4:30 PM – Monday through Friday

☀Tompkins Community Action (TCA), Energy Services Department

701 Spencer Road, Ithaca, NY 14850 273-8816
9:00 AM – 5:00 PM – Monday through Friday

Home Energy Assistance Program (HEAP) Application and income verification required. Must meet federal income guidelines. Assistance for heating emergencies; protects families unable to meet deadlines for paying utility bills. Helps those under 60 not receiving temporary assistance or food stamps. May cover electricity necessary for heating system that has been either shut off or is scheduled to be shut off; natural gas for heat is shut off or scheduled to be shut off; fuel (oil, propane, wood, or coal) has run out or is in danger of running out, and inoperable heating equipment if individually-owned.

Weatherization Assistance Program (WAP) Performs energy audits and building performance services for income eligible consumers, provides efficient energy use education, and applies health & safety measures to ensure the quality of an energy efficient home/apartment.

Assisted Home Performance (AHP) provides homeowners to make energy efficiency improvements on their home with up to 50% of the project's cost. Eligible projects might include domestic hot water upgrades, furnace repair or replacement, insulation, duct work or window replacement.

EMPOWER.NY Program provides customers a home electricity use audit and energy efficiency improvements to reduce monthly electrical bills.

Legal Assistance

☀️**Legal Assistance of Western NY**
215 North Cayuga Street, Ithaca, NY 14850 273-3666

☀️**Tompkins Community Action**
701 Spencer Road, Ithaca, NY 14850 273-8816

Housing Assistance

☀️**Better Housing for Tompkins County, Inc.**
950 Danby Road, Suite 102, Ithaca, NY 14850 273-2187
8:30 AM – 4:30 PM – Monday through Friday

Craigslist, Ithaca
www.ithaca.craigslist.org

Habitat for Humanity of Tompkins and Cortland Counties
46 Elm Street, Cortland, NY 13045 (607)898-4148

Housing Solutions
College Town, 103 Dryden Road, Ithaca, NY 14850 272-6091
10:00 AM – 5:00 PM – Monday through Friday
10:00 AM – 2:00 PM – Saturday

Ithaca Neighborhood Housing Services
115 West Clinton Street, Ithaca, NY 14850 277-4500
9:00 AM – 5:00 PM – Monday through Friday

☀️**Tompkins Community Action (TCA) – Housing Services Department**
701 Spencer Road, Ithaca, NY 14850 273-8816

Clothing Assistance

☀️**Catholic Charities-Tompkins/Tioga Counties, Samaritan Center**
324 West Buffalo Street, Ithaca, NY 14850 272-5062
Tuesday - Thursday: 9:00 AM - Noon, 1:00 PM - 3:00 PM
Special Assistance Walkin-Ins: Tuesday - 9:00 AM – 1:00 PM

☀ **Child Development Council of Tompkins County, Inc.**
609 West Clinton Street, Ithaca, NY 14850 273-0259
9:00 AM – 4:30 PM – Monday through Friday

Babies First Loan Program
c/o First Unitarian Society of Ithaca
306 North Aurora Street, Ithaca, NY 14850 273-0259

☀ **Salvation Army Adult Rehabilitation Center, Ithaca Thrift Store**
381 Elmira Road, Ithaca, NY 14850 272-5323

☀ **Salvation Army, Worship and Service Center, Tompkins County**
150 North Albany, Ithaca, NY 14850 273-2400
9:00 AM – Noon, 1:00 PM – 4:00 PM – Monday through Friday

Service League
104 West Seneca Street, Ithaca, NY 14850 272-2120

☀ **Women's Opportunity Center, Seconds on Court**
110 West Court Street, Ithaca, NY 14850 256-9957
11:00 AM -5:00 PM – Tuesday – Friday, 10:00 AM – 2:00 PM - Saturdays

Child Care & Development Services

☀ **Child Development Council**
609 West Clinton Street, Ithaca, NY 14850 273-0259

☀ **Downtown Ithaca Children's Center**
506 First Street, Ithaca, NY 14850 272-7117

☀ **Finger Lakes Independence Center (FLIC)**
215 Fifth Street, Ithaca, NY 14850 272-2433

☀ **Franziska Racker Centers**
3226 Wilkens Road, Ithaca, NY 14850 272-5891

☀ **Girl Scouts – Seven Lakes Council, Inc.**
300 Route 318, Phelps, NY 14850 (315)539-5085

☀ **Greater Ithaca Activities Center – GIAC**
318 North Albany Street, Ithaca, NY 14850 272-3622

☀ **Ithaca Community Childcare Center, Inc.**
579 Warren Road, Ithaca, NY 14850 257-0254

☀ **The Learning Web**
515 West Seneca Street, Ithaca, NY 14850 275-0122

☀ **Tompkins Learning Partners Incorporated**
124 West Buffalo Street, Ithaca, NY 14850 277-6442

☀ **Y.M.C.A**
Graham Road West, Ithaca, NY 14850 257-0101

☀ *United Way of Tompkins County Funded*

Immigrant Services

☀️ **Catholic Charities Immigrant Services Program**

324 West Buffalo Street, Ithaca, NY 14850

272-5062 x11

Recreation & Fun

Our community offers a wide variety of recreation and entertainment opportunities that provide low- or no-cost stress relief. If you would like to find out more information that is not listed, please call 2-1-1 to see what is available.

Buttermilk Falls State Park

Route 13 South, Ithaca, NY 14850

273-5761

Community Recreation Center

1767 E. Shore Drive, Ithaca, NY 14850

277-RINK

Cornell Orchards

709 Dryden Road, Ithaca, NY 14850

255-4542

Cayuga Nature Center

1420 Taughannock Blvd, Ithaca, NY 14850

273-6260

Cornell Plantations

One Plantation Road, Ithaca, NY 14850

255-2400

Downtown Ithaca Commons

The Commons, State Street, Ithaca, NY 14850

277-8679

☀️ **Greater Ithaca Activities Center (GIAC)**

318 North Albany Street, Ithaca, NY 14850

272-3622

Herbert F. Johnson Museum of Fine Art

114 Central Ave, Cornell University, Ithaca, NY 14853

255-6464

Ithaca Children's Garden

615 Willow Ave, Ithaca, NY 14850

272-2292

Ithaca College School of Music

3322 Whalen Center, Ithaca College, Ithaca, NY 14850

274-3171

Ithaca College Theatre

201 Dillingham Center, Ithaca College, Ithaca, NY 14850

274-3920

Ithaca Farmer's Market

Steamboat Landing, 3rd Street, off Rt.13, Ithaca, NY 14850

273-7109

Lansing Town Park/Myers Point

Marine Road, off Rt. 348, Lansing, NY 14882

533-7388

Robert H. Treman State Park

105 Enfield Falls Road, Ithaca, NY 14850

273-3440

Sciencenter

601 First Street, Ithaca, NY 14850

272-0600

☀️ **Southside Community Center – Ithaca Playground**

305 South Plain Street, Ithaca, NY 14850

273-4190

Swartz Center for Performing Arts

430 College Avenue, Ithaca, NY 14850

254-2700

Taughannock Falls State Park

Rte. 89, Taughannock Park Road, Trumansburg, NY 14886

387-6739

☀️ **YMCA of Ithaca**

Graham Road West, Ithaca, NY 14850

257-0101

Volunteer Opportunities

Why not consider sharing some of your time and talents with others? One of the reasons Tompkins County is an excellent place to live is the wide range of community services that exist here. The agencies that deliver these services depend on volunteers.

United Way of Tompkins County Get Connected Volunteer Center

www.GetConnected.uwtc.org

Cornell Public Service Center

200 Barnes Hall

Cornell University

Ithaca, NY 14853

255-1148

Web Site Address: <http://www.psc.cornell.edu>

Email Address: cupsc@cornell.edu

☀Lifelong Retired and Senior Volunteer Program

121 West Court Street

Ithaca, NY 14850

277-4545

Web Site Address: http://www.tclifelong.org/community_volunteering.htm

Email Address: rsvp@tclifelong.org

Ithaca College Community Service Program

319 Egbert Hall

Ithaca College

Ithaca, NY 14850

274-3222

Web Site Address: www.ithaca.edu/csli/

Email Address: volunteer@ithaca.edu



**United Way
of Tompkins County**

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This booklet was prepared as a public service by United Way of Tompkins County.



**United Way
of Tompkins County**

313 North Aurora Street
Ithaca, NY 14850
Phone: 272-6286
Fax: 272-2736
www.uwtc.org

*United Way of Tompkins County's mission is
to improve lives by mobilizing the caring power of our communities.*

Strong People Strong Families Strong Communities

Give. Advocate. Volunteer. LIVE UNITED.