

United Way of Tompkins County Community Care Fund 2022-2023 Grant Awards - Year 1

Organization Name	Program/Project or Operational Support	Grant Amount	Executive Summary
Advocacy Center of Tompkins County	Youth Intervention and Prevention Services	\$21,000.00	Youth Intervention and Prevention Services through the Advocacy Center of Tompkins County provides support to youth victims when there is a disclosure of abuse and involvement with law enforcement or child protective services. Research supports that if victims feel empowered by their participation in the criminal justice system, they may experience significant improvements in physical and mental health and quality of life. This is particularly true for youth victims of sexual abuse and domestic violence. Reducing re-victimization through advocacy and supportive services after disclosure of abuse has been shown to reduce PTSD, support healthy behaviors, reduce future physical health issues, and support "success in school and future employment. Education staff join classes
Alcohol & Drug Council of Tompkins County	Operational Support	\$25,000.00	The Council is working to reduce stigma and create awareness that addiction is a chronic, treatable disease, and not the result of weakness or moral failing. Through collaboration with partners, they are expanding community understanding of addiction and making access to treatment and care more mainstream and easily accessible. Preventing addiction before it begins reduces long-term damage and suffering caused by addiction, reduces the widespread economic impact of addiction, supports overall community health, and saves lives. People who are already experiencing the grip of addiction need to be offered compassionate, judgement-free care options that meet their individual needs. Sometimes that means addiction treatment, and sometimes that's very basic harm reduction services to prevent overdose and death. The Council offers both. In the Outpatient Clinic, which includes 7 day/week open access services, staff works with each client to help them identify their goals and develop a plan. Over the next two years, the Council will be working to recruit, hire and train additional clinical staff, medical staff, and peer advocates to support the increased need for addiction treatment services, and to staff the Open Access Detox & Stabilization Center that will open in early 2023. During the
Cancer Resource Center of the Finger Lakes	Client Services	\$10,000.00	The Cancer Resource Center provides support for people living with and affected by cancer. Client services and programming which include 1:1 support, support groups, peer to peer support, wellness programs, wigs, hats, scarves, mastectomy products, and other personal care items from the Emily Virkler Memorial Boutique, educational resources, and travel assistance is offered free of charge. Potential and current clients are served in person at the office location, out in the community, at the radiation and chemotherapy offices at Cayuga Medical Center, virtually and over the phone. During that initial interaction information is offered about the different programming options that CRC offers, and discuss how to best meet that individual's needs in order to provide routes to resources that might make that person's journey a bit easier. With this financial support CRC aims to offer more financial aid, education, awareness and access to treatment, as well as resources for comfort items for patients facing loss of income due to a cancer
Catholic Charities Tompkins/Tioga	A Place to Stay: Guest House for Homeless Women	\$5,000.00	A Place to Stay: Guest House for Women opened in May of 2016 in response to the unmet need for safe, supportive, short-term transitional housing for homeless single women in Tompkins County. The 4-bedroom apartment in the City of Ithaca operates as short-length transitional housing for homeless women, one of the needs identified in the City's Consolidated Plan. Participants are initially offered stays of 90 days with extensions granted where treatment programs and situations warrant. Extensions are frequent; the average is about 121 days. The factors leading to a housing emergency often include domestic violence, sudden job loss, mental health issues, or substance use disorder (SUD). Women without stable housing are particularly susceptible to unsafe and predatory living arrangements. In the first four years of APTS, recovery from SUD has been a goal for most participants and was for all participants in 2020. A Place to Stay has housed 47 formerly homeless women through 49 stays: with most transitioned to private housing with voucher assistance or public housing. The staff remains engaged with the program graduates with our follow-up check-in process, ensuring supports remain in place. Financial support will go towards staffing needs for the program which includes a
Catholic Charities Tompkins/Tioga	Samaritan Center	\$30,000.00	The Samaritan Center serves as a welcoming location for families and individuals experiencing a financial crisis. Funding will be used in part to help over 3000 low-income people each year to resolve crises related to housing, transportation, health or work, and to stabilize, get caring support, and gain access to programs that have helped many to move toward greater self-sufficiency. Specifically, Samaritan Center programs provide the following emergency assistance and support: <ul style="list-style-type: none"> • Security deposits, rental arrears, short-term rental support, referrals to supportive housing including A Place to Stay, or other aids to avoid homelessness. • Preventing utility service interruption or allowing reconnection. • Transportation assistance provides continued, safe travel to work, school, and medical appointments. • Necessary prescriptions to avoid serious illness. • Packages of personal needs products to assist in maintaining hygiene and health, which is, in turn, essential to family members' self-worth and ability to pursue jobs or other goals successfully. This includes diapers for households with infants. • Clothing through the clothes closet and special distributions such as Share the Warmth. • Case management and advocacy for vulnerable households that struggle to access support from other service providers.

Challenge Workforce Solutions	Challenge Job Club	\$10,000.00	The Job Club program serves would-be workers, referred by Tompkins County Department of Social Services, facing socio-economic barriers. The program provides skill building supports to prepare people to enter the workforce for the first time, or for the first time after a significant break. Resume building and interview skills are taught as well as employer expectations and positive workplace communication techniques. Staff support participants in their research into current job openings and specific careers and assist in applying for those jobs. Funding will partially support one full-time staff person to continue coordination of the program.
Child Development Council	Family Services	\$25,000.00	Family Services assists pregnant and parenting families with children aged 5 and under, with the primary goal of preventing child abuse and neglect and reducing rates of recidivism. This is accomplished by using a family-centered, home visiting approach to educate parents about the growth and development of children, to strengthen the nurturing qualities of the parents, to reduce the factors leading to stress and family dysfunction by connecting families to community resources. Family Services offers developmental and social emotional assessments for children and goal planning to support self-sufficiency for parents.
Community Dispute Resolution Center, Inc	CDRC's Mediation and Conflict Coaching Program	\$8,000.00	Funding will support the Tompkins County Mediation and Conflict Coaching Program. The mediation program at CDRC empowers people in conflict, honoring their choices while setting the stage for disputing parties to independently achieve lasting resolution. This alternative to expensive (not to mention often disempowering) institutional intervention ensures that parties remain in charge of their decisions. At CDRC, conflict becomes an opportunity to be heard clearly, to listen well, and to regain a certain well-being. Every time CDRC employs their powerful mediation practice and helps people in dispute to really start communicating, there is less anger and more peace in our communities, less conflict, and more justice, less of a sense of chaos and more of a sense of empowerment. In addition, the Conflict Coaching program is for parties who would like to prepare for mediation or for those who want to mediate but the other party does not. Conflict Coaching offers an option when the client responds- "now what should I do". This program is also for those who would like an opportunity to reflect on their current conflict. They can begin to understand and examine their conflict from self
Downtown Ithaca Children Center	Tuition Assistance	\$20,000.00	Downtown Ithaca Children's Center provides high quality education and childcare to children ages 6 weeks to 5 in full day programs and ages 6 to 12 in our after school program. Quality early childhood and after school programming is an essential community support. DICC is committed to provide accessibility to ALL children to grow and develop in a supportive learning environment while allowing their caregivers to remain in the workforce. They strive to deconstruct negative stereotypes associated with race, class, ability, gender, language and biases through strengths-based programming. A significant portion of DICC's student population are members of low-income households who rely on child care subsidies from the Department of Social Services to cover their childcare costs in addition to ALICE households who do not qualify for subsidies. Funding will support tuition assistance; providing affordable access to quality childcare to families who are striving to provide in an environment where the cost of living is exceeds their earnings. Tuition assistance not only allows DICC to maintain their quality level of service and commitment to low-income families, it also
Dryden Community Council	Southworth Library Summer Reading Program	\$2,000.00	The Summer Reading Program at Southworth Library provides a way to encourage readers and pre-readers to engage in literacy skills, learning and independent investigation and discovery during the critical summer months of school recess. The program addresses community needs such as education, recreation for underprivileged or economically challenged families, academic support and family support. Local school children have consistently performed very poorly (bottom 20%) in ELA and remote learning and COVID disruptions have exacerbated the problem. This program creates a fun learning environment that will encourage literacy, family engagement and support for school aged children as well as those not yet in school. There are limited programs available for children in the Dryden community during the summer, especially for those with economic challenges. This program has proven to encourage reading, family engagement and summer learning. It is free and available to all without regard to cultural or socio-
Dryden Community Council	Town of Dryden Recreation Department - Dryden Community Summer Camp	\$4,000.00	Dryden Recreation provides a low-cost, safe day camp option for the Dryden community. The Dryden Community Summer Camp offers one-week sessions that run throughout the summer. The camp is held at the Dryden Elementary School and operates weekdays 8:00am until 4:30pm. Camp is available for any youth entering Kindergarten through entering the 5th grade. Campers receive a free healthy breakfast and lunch through the Dryden Feeding Program. Funding will support rising staff expenses related to mandated staff to camper ratios and the need to increase wages for camp staff in order to attract qualified candidates.
Enfield Community Council	Enfield Teen Program	\$3,750.00	Enfield is rurally isolated community with no recreation department or other services specifically for teens. Enfield Community Council in collaboration with Cornell Cooperative Extension of Tompkins County offers the Youth and Teen programs for youths from age 9-17 years old. Programs range from Primitive Pursuits, CIT camp program, youth employment, Wacky Wednesdays, Educate This!, Photo Nijas, Movie Night, and engaging fieldtrips to popular local attractions. Youth are learning social skills, teamwork, decision-making, problem solving, self-esteem, empowerment and leadership through these after school and vacation programs. The Enfield Teen Programs are designed to eliminate socio-economic barriers that prevent youth from enrolling in programs. Programs are also intended to provide a place for youth to belong, take safe risks, learn life skills, and form healthy relationships with peers and a trusted adult. The Program also gives Enfield youth a sense of community as many programs take place at the Enfield Elementary School and the Enfield Community Center. One full time Youth Program Manager provides an array of youth development programs including enrichment, teen nights and volunteer action for middle and high school youth who need more than their families

Enfield Community Council	Enfield Summer Day Camp	\$3,500.00	The Enfield Community Council Summer Day Camp offers a camp program which enhances children's growth, well-being, and social development by incorporating one or more of the following components into all camp activities and projects: educational and/or recreational objectives, physical fitness and cultural studies including art and music. The Enfield Community Council Summer Day Camp serves children ages 4-13 and is held at the Enfield Community Center; providing much needed childcare in the community during the summer months for working families. Breakfast & lunch are provided by the ICSD. Funding provides operational support for staff salaries, training, insurance costs, and program supplies.
Enfield Community Council	Enfield School Age Program Scholarship Fund	\$1,000.00	The Enfield School Age Program provides a safe, engaging environment for children K-5 during the after school hours of 2:00 - 5:30. The Program tries to be accessible to the Enfield community and keep the monthly fees as low as can be financially feasible. Each day the program provides supervised homework sessions for children who need to get work done with assistance and/or the teacher or parent/guardian has requested the work be completed during program time. The children interact with all ages in the program; learning and practicing sharing, mindfulness of each other's feelings, and conflict resolution. The Program offers physical activity time either in the gym or outdoors daily. Funding supports scholarships for families who are not eligible for DSS subsidies or other
Family & Children's Service of Ithaca	Kinship Education Counseling and Training (KINECT) Program	\$10,000.00	The KINECT (Kinship Caregivers, Education, Counseling and Training) program provides support to Kinship caregivers to ensure a successful placement of a child in their care. These placements are supported for the sake of the health and wellbeing of the child, as well as the Kinship caregivers. The goal for most families is either for successful permanent placement with the Kinship caregivers, or for reunification with the family of origin. KINECT is a unique program in our community, as there are no other programs working to provide the same kind of support to this population. According to the New York State Office of Child and Family Services, Tompkins County had an average of 179 children in foster care annually between 1995-2020. In 2020 almost half of the children in foster care spent some portion of their year with approved family members, in Kinship placement—and this figure includes only children who have already entered the formal foster care system—something KINECT seeks to prevent. Youth placed in non-kin foster care can face immense challenges beyond what any typical child experiences, challenges that can ripple through a life. Of the 415,000 American foster youth in non-kinship care, less than half will earn a high school diploma or GED, and less than 5% will obtain a bachelor's degree. Youth between the ages of 12-17 in foster care are more likely to be diagnosed with attention-deficit disorder, conduct, and disruptive behavior disorders, and are over twice as likely to receive inpatient care. Evidence strongly suggest that children placed into kinship care have far fewer behavior problems than children do in other types of foster
Family & Children's Service of Ithaca	Counseling	\$10,000.00	F&CS provides an array of high quality trauma-informed counseling and mental health care services to Tompkins County and surrounding communities through a series of extensive programs and services that cater to the varying needs of patients from infants, to those receiving end-of-life care and related social services. Counselors provide assessment and creation of treatment plans, whether through play and creative arts therapy, individual therapy, family and couples counseling, social-emotional development, case/crisis management, and when necessary, psychiatric referral. Addressing the whole person and his or her physical and behavioral health is essential for positive health outcomes and cost-effective care. Although many primary care providers are able to treat some aspects of mental disorders through medication, it has historically been difficult for a primary care provider to offer effective, high-quality mental health care when working alone. Combining mental health services and expertise with primary care can reduce costs, increase quality of care, and ultimately, save lives. During the Covid-19 pandemic, F&CS became a facility licensed to offer remote therapy to all of our clients. Now, as restrictions lift, we are able to offer both in-person and remote therapy options to all of our clients. Many of our clients have found that remote therapy is more convenient for them, whether due to
Family & Children's Service of Ithaca	Psychiatry Program	\$25,000.00	Psychiatric care in Tompkins County has historically been limited and often difficult to access, with only a handful of licensed psychiatrists, many of whom are shared between multiple organizations. Unable to compete with larger, wealthier markets where psychiatrists can expect higher salaries, attracting new psychiatrists to Tompkins County is difficult. Even before the pandemic, the supply of psychiatric providers in TC was a near crisis level labor shortage. One of the most pressing challenges F&CS continues to face is meeting community demand for psychiatric services. Psychiatric evaluation and medication management are essential components of providing comprehensive mental health services, yet offering psychiatric care remains a costly undertaking. Over the last two years, the mental health clinic saw more clients for whom talk-therapy and behavioral counseling have not been successful on their own in managing the unusual stressors of the pandemic, and for whom psychiatric medication has proven to be a useful tool. F&CS saw 392 Psychiatric patients in 2021, an increase of 75 from pre-Covid years, representing an increase of 400 appointments.

Family Reading Partnership	Books to Grow On Language Diversity Project	\$8,000.00	For 20 years the Family Reading Partnership has been providing and expanding the Books to Grow On program in Tompkins County. This effort distributes 11 brand-new, age-aligned books to all children who see a local medical provider for their well-visit appointments, from before birth through age five. Each child receives the same title as their peers at each age level, providing not only a beginning home library, but creating a sense of community and shared knowledge among even our youngest residents. As prices continue to rise, access to high-quality children's books grows farther out of reach for many families. Books to Grow On ensures that all young children in our community will have a collection of books to call their own, with the added benefit of creating trust between medical providers and the families they serve. Books to Grow On is facing an increasingly large hurdle: providing books in a range of languages. There are currently three Spanish/English bilingual books in the BTGO collection, but this does not increase accessibility for the hundreds of local families who primarily speak Mandarin, Korean, Karen, Urdu, Japanese, Russian or any of the other multitude of languages spoken in Tompkins County. Accessing foreign language children's books is incredibly difficult, and expensive in the United States. Families who relocate to Tompkins County are often very limited in their options for reading to their
Foodnet Meals on Wheels	Operational Support	\$30,000.00	Foodnet Meals on Wheels combats some of the biggest threats and barriers to healthy aging: hunger, isolation, and loss of independence and addresses this escalating problem daily. Our nation's senior population is growing exponentially with 1 in 5 Americans 60 or older, with 12,000 more turning 60 each day, and with an average life expectancy of 79 years. This population is set to reach 93 million in the next decade, leaving more Americans at risk of hunger and isolation. Programming addresses the social determinants of health by offering access to nutrition for older adults and others who are living with some of the greatest vulnerabilities in our community. According to Meals on Wheels America, 9 million older adults face the "threat of hunger." This means that seniors in our own community are making decisions between paying for food or their rent. United Way's investment in these programs enables us to provide these services for those who might otherwise be forgotten. Foodnet reduces the risks of social isolation and loneliness by delivering each meal with a safety check and brief friendly visit. Through these visits, drivers provide reassurance to our older adult neighbors, caregivers, and the greater community. The home delivered meal program provides nutritious hot meals five days a week. Comprehensive nutrition services include nutrition assessment, counseling, and education. As Foodnet continues to serve the seniors in our community, the organization is facing unavoidable and difficult to predict costs. Food costs, fuel costs, cost for disposable items (trays, napkins, foils, plastic wrap, plasticware) have all risen. Vendors are passing their increased costs (supply chain issues and employee need) to the customer/consumer, including onto Foodnet. Funding will help off-set these cost increases allowing
Freeville Community Council	Town of Dryden Recreation Department - Freeville Summer Camp	\$2,500.00	The Freeville Community Council in partnership with the Town of Dryden Recreation Department provides a low-cost, safe day camp option for the Freeville community. The Freeville Community Summer Camp offers one-week sessions that run throughout the summer. The camp is held at the Freeville Elementary School and operates weekdays 8:00am until 4:30pm. Camp is available for any youth entering Kindergarten through entering the 5th grade. Campers receive a free healthy breakfast and lunch through the Dryden Feeding Program. Funding will support rising staff expenses related to mandated staff to camper ratios and the need to increase
Gadabout Transportation Services, Inc.	Transportation for Older Adults and People with Disabilities	\$10,000.00	Gadabout addresses the need for affordable and accessible transportation within Tompkins County with the goal of lessening the transportation barriers that older adults and people with disabilities encounter while accessing basic needs within the community. Transportation is a key component to addressing the Social determinants of health (SDOH). Social Determinates of Health are the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks. The are 5 main areas of SDOH which include Economic Stability, Education access and quality, Healthcare access and quality, neighborhood and built environment, and Social and Community Context. A quote from the Community Transportation Association of America sums up why transportation plays such a great role in addressing the SDOH
Greater Ithaca Activities Center Inc	Hospitality Employment Training Program - HETP	\$5,000.00	The Hospitality Employment Training Program (HETP) is an intensive and holistic career training program, focused on hospitality, which is transformative for participants and essential for local employers. This comprehensive model screens job seekers for housing, childcare, and mental health needs. According to the New York State Department of Labor, the Tompkins County area has enjoyed a low unemployment rate over the past few years. Employers reiterate this concern that there simply are not enough people to fill positions. However, the calculation of rates does not accurately measure our population's desire to be employed. Anyone who has given up the job search process or has never been employed is not considered in the unemployment rate. There are, in fact, people in Tompkins County who want to work but are not considered under this definition as "unemployed". These are some of the most vulnerable members of our community including single parents, homemakers, those with disabilities who have previously not applied to work, adults who change employers frequently because of lack of growth opportunities or sufficient hours, and those who were formerly incarcerated, people who are recovering from or experiencing substance abuse disorder, and/or immigrants who are new or newly returning to our community. HETP is designed to help individuals gain the experience and skills they need to break out of the poverty cycle into a career path that will better support them and their families. Barriers, such as access to childcare and transportation, are resolved throughout the participant's time in the program so that they are prepared to remain successful in their employment upon graduation. The goal is to not only help them with securing employment, but to make sure they have the training, skills, and resources needed for their employment to be sustainable. To do this a wrap-around service program is offered, helping

Greater Ithaca Activities Center Inc	GIAC Adult Program	\$5,000.00	The GIAC Adult Program provides senior citizens with the framework and settings for positive social interaction designed to address older people's diminished social circles and increased social isolation. By affording seniors the opportunity to engage in physically and intellectually stimulating activities, the program provides seniors a reason and means to leave the isolation of their homes and interact with other seniors and members of the community. A second way the program addresses issues associated with aging is by promoting activities and habits that delay or prevent degradation of cognitive and memory powers. In addition to the benefits of being active and socially involved, members are encouraged to engage intellectually, to cultivate interests, and to continue learning. An example is the Arts and Crafts Group, which encourages members to maintain skills like knitting, embroidery, and jewelry making and has made it possible for interested seniors to take up new interests. The program also accommodates members who wish to contribute to the community through volunteering, which keeps the seniors engaged, active, and feeling valued. Physical health is addressed with a combination of frequent trips with the group and recurring structured classes like Tai Chi and yoga & relaxation. The program has adapted throughout the pandemic providing virtual options for engagement and support along with staff.
Greater Ithaca Activities Center Inc	GIAC Youth Program	\$25,000.00	GIAC aims to offer high quality programming for children at an affordable cost to caregivers. Staff are highly trained and bring their own individual talents to the programs offered. When it comes to childcare, caregivers want the best for their children. Caregivers are looking to send their child to a place where they know they will be safe, learn, and have fun. The programs offered by GIAC are designed to help develop youth with a focus on health, mental well being, fitness, nutrition, culture, diversity, and respect for others. When families register for GIAC, they find out they are getting more than just an after-school program. They have an organization that is dedicated to helping them improve their quality of life. There are a lot of families that are struggling financially and the cost of childcare is something that families have a hard time paying for, which is why operational support is crucial to keep costs from being passed on to families. No family is turned away because they don't have enough money to register their children. GIAC meets people
Greater Ithaca Activities Center Inc	GIAC Teen Program	\$4,000.00	Studies show that not investing in young people early means that we will pay more later for judicial services, incarceration, welfare services, and unemployment. The GIAC Teen Program, composed of the Pre-Teen & Transition Program, High School Program, and Friday Late Nights, provides opportunities for teens in the greater Ithaca Community to grow socially, emotionally and economically through innovative and culturally relevant programming. The pressures of a teenager's world could easily lead teens down a destructive, regressive path; however, this program is committed to not allowing our young people to end up as one of the many negative statistics that plague communities of color. Instead GIAC strive's to create and support programming that allows for them to realize their potential, experience success, and to flourish. The investment that is made now when young people's minds are still open to the possibilities, (before they make negative life changing decisions), sets patterns and develops skills and relationships that
Groton Community Council	Groton Youth Services	\$2,500.00	The community of the Town and Village of Groton identified a need for youth programming that is available to all youth regardless of their ability to pay for services. Although the community has a healthy recreation department, opportunities for youth who may not be interested in athletics and have barriers to joining specialized programming that collects fees were identified as a need. An additional community need that was identified was opportunities for young teens to learn employment skills and obtain first time employment, this aspect takes place during the Groton Summer Camp, youth are employed to assist with summer camp and the Groton Harvest Free Market. Programs range from one-time events to programs that run for 6 to 10 weeks, occasionally longer, and have included topics such as cooking, animals, crafts, outdoor adventures, photography, service learning projects. Programs are offered free of charge. Special programs are often offered during school breaks and can include trips and overnights. Van transportation is available for field trips and providing access to community places of interest. New programs offerings happen throughout the year.
Groton Community Council	Groton Recreation Program	\$1,500.00	The goal of Groton Recreation is to provide activities and programs to residents of all ages at a reasonable cost to ensure all can participate. Youth will participate in a number of recreational activities that offer a safe nurturing environment to learn a new skill. These activities will include swim lessons and summer camps such as dance, art, archery, etc. Funding will support the hiring of
Habitat for Humanity of Tompkins and Cortland Counties	Construction Vehicle Purchase	\$2,000.00	Funding will support the purchase of a new construction vehicle which will help create affordable homeownership opportunities for low-income families by streamlining H4H's construction process. Habitat regularly has the need to pick up construction materials, move appliances and building supplies, transport small equipment and tools, and dispose of recycling and waste; currently relying on volunteers to share their vehicles to accomplish these tasks. By acquiring a vehicle, tools and materials can be shared between job sites more efficiently, tools will be stored safely, and the cost and need to wait for material deliveries will be removed. Owning a vehicle would allow H4H to bring programs like Tools and Techniques training series, and Women Build workshops, directly to participants around the community. The ability to move tools, materials, and resources to program participants, would make these programs more accessible to interested volunteers and participants who might not currently have their own transportation to get to a job site. A construction vehicle will also help streamline the construction process and by doing so save both time and money.

Healthy Food For All, a Project of the Center for Transformative Action	Operational Support	\$25,000.00	With support from United Way, Healthy Food For All (HFFA) serves any resident of Tompkins County who cannot afford the full price of fresh fruits and vegetables. HFFA was founded in 2006 to engage food-insecure community members and local farmers in developing solutions that leverage local assets to meet local needs. Today, HFFA helps hundreds of households in Tompkins County gain access to fresh, locally grown produce every year through subsidized Community Supported Agriculture (CSA) shares from local farms. In 2018, in an effort to reach the high-need population of youth and adults suffering from diabetes and/or other diet-related illness, HFFA launched Food As Medicine (formerly Fruit and Veggie Rx) to enable healthcare providers to prescribe [free] produce to patients and their families. Leveraging local produce to promote nutritional food security and advance public health is proving to be an innovative disease management and prevention strategy. The Tompkins County Department of Health has identified HFFA/Food As Medicine as key interventions in its Community Health Improvement Plan. HFFA fairly compensates farmers for food, therefore
Human Services Coalition	Continuum of Care Coordination	\$10,000.00	The Continuum of Care (CoC) coordination facilitates our community's efforts to end homeless. The Continuum of Care (CoC) is a community-wide planning group made up of agencies and individuals who work to end homelessness in Tompkins County. HUD requires that all communities have a well-functioning CoC to receive any HUD homeless prevention funding. The Continuum of Care coordination leads and supports this community wide planning and response effort. Homelessness is a serious issue in Tompkins County. The high cost of housing makes finding a safe affordable place to live out of reach for many individuals. The experts agree that engaging in any personal recovery work is difficult, if not impossible, without stable housing. The causes of homelessness are many and varied: behavioral and physical health issues; job disruption; insufficient wages; loss of support systems; trauma and crisis can all be contributing factors. With so many causes, it is clear that there must be a multi-pronged approach to addressing homelessness and that it is crucial that those working to end homelessness coordinate their efforts. The CoC brings those providing services together with government officials, schools, clergy and others involved in the system to share information and data, to provide a coordinated approach, and to have the greatest impact with the available community resources. The collaborative nature of
Ithaca Community Childcare Center	Growing Together Campaign	\$20,000.00	Ithaca Community Childcare Center (IC3) is in the final stages of it's building expansion; allowing them to serve more childcare in our community and provide better experiences to families. The expansion will increase capacity of the after school program from 50 to 100 children per day, it will add half day programming for 15 pre k children and 10 toddler children. With much of the building ready to occupy we have been able to increase our after school program to 60 per day and began the half day toddler and pre k program adding 25 spaces. The project will offer more families access to high-quality, affordable, childcare. Current and future children will play and learn through a child-centered, active learning philosophy. Parents are comforted that their children are receiving the best possible care and education, delivered by a highly trained staff whose focus is on child-centered instruction. The building has been built; however, the project hasn't been closed out with the contractor and there are budgeted items that IC3 hasn't been able to purchase for classrooms, the gyms, along with lighting and electrical upgrades. Funding will support the completion of the project
Ithaca Community Childcare Center	Emergency Scholarship Support	\$20,000.00	Tompkins County has been deemed a childcare desert by New York State. There is only one space in licensed or registered childcare for every three children in need of care in our area. This translates to 1,430 spaces in qualified, licensed childcare centers for the estimated 6,000 children ages 6-10 in working households. This leaves 3,170 of our elementary-age children and their families struggling without access to adequate childcare. Parents, unable to find or afford the kind of early child care that provides the emotional support and education their children need, are often forced to leave their young children in sub-standard childcare situations. Many of these children enter kindergarten without a solid foundation of learning, beginning life already at a disadvantage, a loss for them, their families, and our entire community. IC3 created the Emergency Scholarship Fund for families that encounter a temporary, unforeseen financial hardship. Scholarships are awarded temporarily (1-6 months) to help families through difficult situations. The COVID-19 crisis placed even more financial strain on families and increasing scholarship support will be critical to
Ithaca Health Alliance	Operational Support	\$35,000.00	According to the most recently available US Census Bureau data, between 4,000 to 5,000 Tompkins County residents lack health insurance coverage at any given time. Depending on the type of insurance coverage available to individuals, the number of "under-insured" individuals is even higher. These are individuals who are covered by plans that have high co-pays and deductibles and cover only catastrophic health care needs. Individuals unable to afford the monthly premiums for such plans, do not have the ready income to cover the costs of high co-pays and deductibles. Approximately 85% of these individuals employed at one or more jobs, who find themselves with very limited means to pay for the health care services they may need. In addition to cost, there is the need in meeting the challenges to accessing quality health care created by transportation issues, language and cultural barriers, immigration status, gender issues and lack of trust in the existing health care industry. Ithaca Health Alliance works to create access to quality health care services for those 4,000 to 5,000 county residents without health insurance coverage or who are under-insured. On average, IHA's early intervention health care services offer assistance to between 900 to 1000 unduplicated patients annually, through an average of 5,200 patient visits. This is accomplished by the Free Clinic's utilization of community volunteers and an extensive network of partnerships. Using the best available data, the Cornell Institute for Public Affairs determined that funded intervention and prevention services provided by the Free Clinic annually, will bring an estimated ROI of between \$1.3 to \$1.7 million dollars to

Ithaca Neighborhood Housing Services	Operational Support	\$8,000.00	According to an AARP study, 90 percent of people age 65 and older would prefer to stay in their own homes as they get older, rather than move to an assisted living facility. However, aging in place can be problematic for people residing in older homes such as those common throughout Tompkins County. These older homes have on-going maintenance needs and many seniors, single heads of household (often ALICE households) and homeowners with disabilities lack the skills or resources to undertake or afford these repairs on their own. The Small Repair Program helps to bring stability and security to these homeowners by providing a trustworthy source of free repairs. The primary goal of INHS' Small Repair Program is to help homeowners age in place and continue living independently by providing health and safety repairs that prevent small problems from becoming larger, expensive ones. The labor
Legal Assistance of Western New York, Inc.	Operational Support	\$5,000.00	Legal Assistance of Western New York, Inc. (LawNY) tries to address the unmet need for access to free, high quality legal assistance. LawNY focuses on helping people who have lost, or are threatened with the loss, of the bare necessities of life - access to decent, affordable housing; access to medical care; and access to a subsistence income adequate to provide shelter, nutrition, and health. The bulk of cases involve representing people who are threatened with the loss of housing, either through an eviction or a foreclosure, and people who have been denied government benefits, and people who are trying to escape domestic and/or financial abuse from a relative or a creditor. LawNY operates a consumer law project, which provides advice and legal help to people dealing with issues related to debt collection, credit reports, consumer scams, student loans, vehicle repossession, identity theft, and bankruptcy. They also operate a Fair Housing Enforcement Project, which investigates complaints of housing discrimination, and where discrimination is found, enforces the Fair Housing Act. Clinics are held to help people file for their own uncontested divorce, and name & gender marker change clinics are held for the LGBTQA+ community. The constant theme that runs through all of
Loaves and Fishes of Tompkins County	Operational Support	\$7,500.00	Loaves & Fishes of Tompkins County is a nonprofit recognized for contributions that enhance the quality of life for Tompkins County residents. The Loaves & Fishes Free Meal and Advocacy Program have offered Tompkins County residents a welcoming community where guests can share a meal with others and receive practical assistance and support when needed. Guests include, Tompkins County residents suffering from poverty and hunger, those who are unemployed, the working poor, persons on inadequate public assistance and their children, individuals with chronic mental and physical health challenges, veterans, the unhoused, people in crisis and anyone in need of companionship. All are welcome. Loaves & Fishes is Tompkins County's only community kitchen that is open five days a week and on all holidays, except Thanksgiving. The free meal program provides a hot, nutritious free meal each weekday. The advocacy program provides information to guests about existing social services and resources, actively links guests to these services when needed and, in general, provides on-going emotional and practical support to our guests during times of crisis or significant transitions. This is normally accomplished by the leadership of the Advocacy Coordinator and the help of trained volunteer advocates and over 25 social service agencies who provide direct outreach to guests while dining. Limited funds, winter
Newfield Community Council	Newfield Kitchen Cupboard Food Pantry	\$2,000.00	Newfield Kitchen Cupboard is a community pantry, addressing food insecurity in Newfield. Many Newfield residents and families have limited resources and have difficulty obtaining adequate food. Therefore the Pantry supplies needed food and personal care items to them, enabling them to devote their limited resources to other living expenses. In the current environment, with food costs escalating, this is especially important. Funding will help offset the increase in food prices and increase the variety of food offerings to provide nutritious food to the community.
Newfield Community Council	Newfield Public Library Summer Reading Program	\$1,550.00	The Newfield Public Library is committed to finding innovative ways to meet the diverse needs of the community. The 2022 Summer Reading Program is focused on reducing summer learning loss which negatively impacts the retention and development of children's reading skills. Summer reading programs help to make-up for this "break" in learning and result in positive reading achievement outcomes when children resume their studies in the fall. This is especially important at this time, to support students who have lost education time during COVID interruptions. The program also supports the mental health and wellness needs of community members by providing fun, engaging activities in a safe, caring environment which will enrich the lives of all participants, especially youth, helping them feel more connected to the community. Like many rural areas, Newfield is working to build a better sense of community. The library plays a vital role in that by serving as a local hub for connecting and engaging.
Newfield Community Council	Newfield Recreation Summer Day Camp	\$4,000.00	The Town of Newfield Summer Day Camp serves children entering grades 1 through 7 in Fall 2022. The camp offers a range of activities throughout the day, including art, sports, games, and swimming. Also featured are fun and educational guest visitors and field trips. The camp is housed at the Newfield Central School, with free breakfast and lunch meals offered to all participants. The Newfield Summer Day Camp is a vital childcare resource for working families in Newfield.
Opportunities Alternatives and Resources of Tompkins County	Operational Support	\$10,000.00	Opportunities, Alternatives, and Resources supports Individuals with court involvement and/or experience with incarceration. Much of their outreach work is preventive; providing services to vulnerable populations prior to additional involvement with the criminal justice system including those in recovery and those who continue to suffer from addiction. The vast majority of clients have untreated mental health conditions and/or a substance use disorder. OAR provides a wide range of services, tailored to each client's needs. Services include: providing IDs; bus passes; food pantry; clothes, blankets, sleeping bags and PPE as well as a Drop In Center which has a computer and phone but it largely used as a place to shelter from the cold. More intensive services include housing and employment and referrals for mental health/substance abuse treatment. OAR is a low barrier agency; meeting clients where they are, providing the level of service they request to the best of the agency's ability, and providing second chances.

Suicide Prevention & Crisis Service of Tompkins County	Crisisline Staffing to Accommodate Increased Call Volume and Advent of 988	\$15,800.00	Tompkins County has a suicide rate of 12.7/100,000 population. When someone dies by suicide, as with any cause of death, the loss is felt by many people. The ripples of loss spread from close family and friends to community members, acquaintances and even people the deceased did not know. All of those exposed to the loss may experience different levels of grief and trauma. Such losses and griefs exist in our community. Many people today have no answers as to why they feel cornered, helpless and vulnerable. They find themselves in a dark place, seeking questions that have no answers. They struggle to find a reason as to why they feel this way, but the answer eludes them. As time goes on, the dark bouts increase, until one day, their desperation reaches its limit. This is where the crisisline counseling services of Suicide Prevention & Crisis Service (SPCS) can and do make a difference, not only saving the life of a caller, but also in preventing that ripple effect of grief and loss. With the advent of the new national mental health crisis 3-digit emergency number 988, the need for more crisisline counselors and expanded operational hours becomes critical, as the already increased call volume to SPCS is expected to increase 30% more. Recruitment, training, and retention of crisisline counselor is a
The Learning Web	Learning Web Youth Programming 2022-24	\$25,000.00	The Learning Web (LW) has been a staple of support in Tompkins County, enabling local youth—housed and unhoused—to build capacity and thrive as self-assured, self-directed, productive adults; helping youth to address and overcome barriers through three main programs: Youth Exploration, Life Skills, and Youth Outreach Services. The youth that turn to the Learning Web are in the midst, often, of numerous stressors. For example, 71% of Youth Exploration participants face barriers, including a history of foster care, family conflict, low income, poor academic performance, substance use, delinquency, and other serious issues. Many have experienced abuse as younger children or sexual victimization. Given these experiences, these parents have a high prevalence of both being the victim of domestic abuse and the perpetrators of child abuse and neglect. Most YEP youth facing barriers are still attending school, living at home, or in a supervised situation, and many have a connection to systems like schools and social workers. While Youth Outreach participants face many of these same barriers, they are disconnected from many systems such as schools and social workers or families because they are not living at home or in a supervised situation. The Learning Web overcomes these issues in service to their vision that all young people will make the transition to adulthood successfully, finish high school, develop a productive career path leading to gainful employment and self-sufficiency, and contribute in a healthy and positive way to better the community. While addressing essential needs, The LW strives for something more: sparking a passion, connecting young people with an adult role model who can teach critical skills (job and life), and help a youth believe in themselves—helping youth establish a
The Salvation Army	Community Outreach/Homeless to Housed	\$10,000.00	The Salvation Army is among the many agencies seeking to find impactful solutions for the individuals and families experiencing homelessness in our community. The goal is to provide support for people who have experienced homelessness, taking them from a survival mode outlook to a place of security and stability through case management. The Salvation Army will work in coordination with the enhanced outreach team to identify candidates for case management. The intention with this program is to identify and meet undomiciled people where they are at without regard to the cause of homelessness, to engage and interact with them; to establish a friendly and trusting relationship, to make an assessment for the provision of services, and to ultimately connect them with safe and affordable housing. The Salvation Army has hired a caseworker to work within this population. In partnership with other agencies and outreach workers, the case worker and participant will map out a plan for daily, weekly, and monthly goals and follow up as well as establish a daily routine. The case worker will be a support to help participants develop grit and perseverance in a secure housing environment despite barriers and obstacles. The case worker will make referrals to community based services that ensure participants have access to services, assist participants to enhance a personal support system, assist in identifying skills in budgeting, nutrition, conflict management, substance abuse awareness, educational advancement, and job readiness. This is a low
Tompkins County Senior Citizen's Council, Inc. (Lifelong)	Operational Support	\$5,500.00	Lifelong looks at addressing the needs of older adults in our community as they relate to overall mental, physical, emotional and financial well-being. In light of the ongoing pandemic situation, their services are especially important for helping older adults stay connected, engaged, and active in a way that feels safe and comfortable for individuals who may consider themselves vulnerable. While Lifelong has always strived to be a place where anyone who enters feels welcome, they are actively working to expand the diversity of their membership so that it better reflects the overall demographic makeup of our community. Lifelong has noted a number of older adults who are new to the community since the start of the pandemic, many of whom have moved to Tompkins County to be closer to family, and are looking to Lifelong to help enhance their overall well-being and connection in a new area. New and existing members have benefited from the expansion of programs to include virtual and hybrid options in addition to in-person

Tompkins Learning Partners	Operational Support	\$9,000.00	While Tompkins County enjoys a higher than average literacy rate overall, about 10% of residents read at low or very low levels. Tompkins Learning Partners programs enhance the economic opportunity and well-being of some of Tompkins County's most vulnerable residents by addressing their need for increased literacy and language skills. Research demonstrates that adult basic literacy and language skills programs lead to long-term increases in income, literacy levels, high school equivalency attainment, and increased participation in secondary education programs (Reder, 2014). Increases in literacy and language skills have also been shown to correlate with positive health outcomes and increases in family literacy. Each year, approximately 90% of TLP's students are low-income and/or ALICE households and the majority do not have a high school diploma. Further, about 35% of ESL students are former refugees, with 85% of all students reading at a fourth grade level or lower. In addition to literacy challenges, many TLP students face other barriers that go hand-in-hand with low literacy, including lack of transportation or childcare, unemployment or underemployment, inadequate housing, and/or poor health. TLP programs foster opportunities for learning and personal growth and help students develop literacy, language, and life skills that prepare them to participate more fully in civic life and their children's educations, increase independence, and better identify and access resources and information to help overcome obstacles and challenges. Funding will support the Administrative Assistant role who is key to keeping the agency running, from meeting and
Traditional Center for Indigenous Knowledge and Healing	Cultural Revitalization Program	\$5,000.00	Traditional Center for Indigenous Knowledge and Healing works to address the lack of visibility for Indigenous community members as well as other system impacted and historically marginalized community members. This lack of visibility speaks to the way in which the system has marginalized certain communities in order to suit the needs of colonization, which is an outdated policy from the Doctrine of Discovery. In that, the needs of each individual varies, community by community. Through accumulative community organizing work and involvement, we have witnessed and experienced that the impact of trauma in each of these communities is endemic, preventing the well-being of each individual. These endemics include addiction, and violence. This then prevents the wellness of the community as a whole. As Indigenous people, our understanding is that when we have a harmonious relationship to the environment around us, speaking directly of the natural environment and not of the industrial, we are more successfully able to process and heal the traumas that impact us on a daily basis. When we return to nature, we heal; we heal ourselves and in doing so, we are able to gain respect for ourselves. In this understanding, we begin to respect and honor nature around us, which then positively changes how we treat the environment around us. In healing ourselves, we are also healing the Earth. In our communities, the imbalances that occur have created endemics of abuse and addiction, as well as physical, mental, emotional and spiritual health issues, exacerbated by food insecurity and lack of land access. These are the community needs we are addressing, while overcoming the barriers of oppression. Funding will specifically support Talking Circles (for women, men, youth and two-spirit individuals): These talking circles are facilitated experiences, anchored in traditional teachings, protocols and medicines. Everybody in these talking circles has space to freely express themselves, without fear of being cut off, or attacked. It is the responsibility of the person
Ulysses Community Council	Trumansburg Food Pantry	\$2,500.00	Anyone who feels they are in need of food and who resides in the Village of Trumansburg, the Town of Ulysses, and/or the Trumansburg Central School District is eligible to use the Trumansburg Food Pantry. Financial support is used to purchase food from the Food Bank of the Southern Tier and local grocers. Community donations of personal and household items are also encouraged
Ulysses Community Council	Town of Ulysses Summer Recreation Camp	\$3,000.00	The Ulysses Summer Recreation Program provides full-day recreational services for approximately 130 children from the Trumansburg Central School District. The six-week program enables parents of all economic backgrounds (low-income, ALICE, and higher income families) to have full-day supervised recreational activities that are fun, educational, and healthy for their children entering grades K-6. Supervision is offered pre and post camp, allowing parents to register for care from 8:00 am - 5:00 pm. Parents may register children for a full-day or for components which include: Morning day camp activities from 9:00 AM include arts, crafts, games, reading and supervised lunch at the school until 12:30 and/or afternoon swimming at Taughannock Park or the Watkins Glen Pool from 12:30-3:30pm. Bus transportation is provided for swimming and field trips to educational and cultural events when possible and not impacted by COVID-19 protocols. Some of these programs include Hangar Theater productions, the Ulysses Philomathic reading program and presentations and field trips to waterparks. Scholarships and discounted rates to qualifying families are offered to assure all children of all ages and backgrounds can participate. The camp is certified by the NYS Department of Health yearly and inspected yearly, which requires the program to be staffed by counselors and directors that meet the minimum qualifications as determined by state and county officials, rather than volunteers. All staff must pass a background check, be vetted by references, be trained in CPR/First Aid and AED, and attend two full paid days of camp program training. Staff typically includes a mix of experienced teachers, college-aged counselors and high school aged junior counselors. Counselors-in-training are also
Ulysses Community Council	Trumansburg After School Program (TASP) Scholarship Fund	\$1,000.00	The Trumansburg After School Program is a non-profit, 501C3 organization that currently serves approximately 30 children in grades Pre-K through 6th. Many families are experiencing wage insecurity due to Covid-19 as well as rising prices in most areas, resulting in serious financial challenges. Funding is used for scholarships in order to enable families in need to enroll their children and to continue their participation during difficult times. TASP offers partial scholarships for lower income families as well as short-term support for families who encounter an unexpected change in income or expenses. Reducing the financial stress these families are experiencing is beneficial not just to them, but to the entire community.

Ulysses Community Council	Trumansburg/Ulysses Youth Services	\$3,750.00	Trumansburg/Ulysses Youth Services is a program in partnership with Cornell Cooperative Extension of Tompkins County to offer fun, educational opportunities, as well as a youth employment program, to youth who live in Trumansburg, the Town of Ulysses, or the Trumansburg school district. Most programs occur at school during lunch or immediately after school. In the summer, programs are offered at various community sites. Based on participant interests, current programming includes Magic the Gathering, fishing, cooking/baking, and PhotoVoice.
Ulysses Community Council	Ulysses Philomathic Library Summer Reading Program	\$800.00	The Summer Reading Program encourages children and teens to continue reading through their summer vacation, combating the "summer slide" of lost literacy skills. The Ulysses Philomathic Library offers event programming and reading challenges for six weeks in July and August. In 2021 110 children and teenagers registered for the program, and each child was able to receive a free book upon registration, and earn more books throughout the course of the summer by completing reading challenges. In addition to supporting literacy, UPL's Summer Reading Program builds community, encourages families and children to feel welcome in the library, and provides free cultural experiences - such as storytellers and theater performances. The funding from United Way to purchase giveaway books when a child or teenage registers is one of the most important pieces of this program. The excitement of building a personal library of books, and the ability to choose their own book when they register, is one way that we turn young people
Varna Community Association, Inc.	Varna Summer Program	\$500.00	As communities emerge from the vicissitudes of the pandemic, children are eager to interact with other children. Summer is a time for more relaxed outdoor activities. The adults need to be free from childcare responsibilities in order to focus on work. The Varna Summer Program (VSP) focuses on outdoor activities. The Varna Community Association has a sizeable outdoor space with a playground, a flat lawn area for sports, and a woodland trail. For bathrooms and rainy days activities, the Varna Community Center building offers a well-ventilated indoor space with all the materials we use for the afterschool program. VSP would give convenient access to childcare to our immediate neighbors, as well as an additional childcare option that caregivers from further away could use.
Village at Ithaca	Operational Support	\$15,000.00	The Village at Ithaca is both a 501(c)3 non-profit organization and a diverse network of community members. These include parents/caregivers, students, educators, other non-profit organizations, local businesses, the faith community, civic organizations and various others committed to supporting the educational hopes, dreams and aspirations of children and families in our local "village." As a community we are not currently meeting the curricular and extra-curricular needs of all our children. The factors that contribute to these gaps are many and varied (lack of basic needs, educational inequities, youth and family advocacy, etc.), therefore they must be addressed in multiple ways. The Village is a catalyst for ensuring that we do so at the systemic level so that issues of both policy and practices are addressed. The Village is dedicated to serving all students and families with school-aged children to help them thrive. As part of that, they provide several programs and resources— Village Support Services—to help students feel confident, intelligent, and connected to their community and learning process. These include programs focused specifically on
Women's Opportunity Center	Dress: Code Red	\$2,500.00	The Mary Durham Boutique (MDB), sponsored by the Women's Opportunity Center, has become a favorite resale shop for women of all ages seeking intentionally affordable, quality clothing, shoes and accessories. It has served as an affordable resource that provides women the opportunity to dress fashionably and professionally that in turn enhances the individual's self-confidence. Women who shop at the boutique receive personalized service and focused attention. Additionally, MDB has served as a training placement for individuals interested in learning the retail business, online selling, marketing and customer service skills. MDB has gained a community reputation as an enterprise that takes exceptional care in the handling, display and disbursement of goods, which is reassuring to those who contribute items from their personal closets, dressers and jewelry boxes. Thanks to loyal volunteers, student groups and staff, MDB is able to process thousands of donated items. The inventory, however, far exceeds what the small shop is able to move through its retail operations. To insure that as many women as possible benefit regardless of their financial situation, the boutique provides professional outfits free to any person referred through WOC professional staff, and always has free clothing available on its front porch "closet." Dress: Code Red is a resource that other nonprofit agencies, schools, faith
YMCA of Ithaca and Tompkins County	Operational Support	\$3,500.00	The YMCA of Ithaca and Tompkins County provides facilities, programs, and outreach/engagement focused on wellness for all ages. This includes group fitness programs that help members and guests maintain a healthy lifestyle over time, child care and after-school programs focused on connecting learning and recreation, and a Neighborhood Food Hub stocked every week with a variety of food options free for everyone. Operational support from the Community Care Fund will be utilized to support the Membership Assistance Program and support staffing needs for the many programs provided to the community.
Totals:		\$559,650.00	